



www.glasa.org

GLASA Ambulatory Running Clinic

Saturday November 21, 2009

11:30 AM—1:00 PM

FREE!!!

Great Lakes Naval Base - building 4

(See map attached)

All levels of runners are welcome.

This is a running clinic for those athletes who are interested or involved in competing in track events or road races.

Open to :

- Youth and Adult
- Visually Impaired & Blind (guide runners provided)
 - Amputees
 - Cerebral Palsy
 - Stroke/TBI

Please RSVP to Keri Schindler at

(847) 283-0908 or kschindler@glasa.org



A program of Great Lakes Adaptive Sports Association





Naval Station Great Lakes near Naval Station Great Lakes, North Chicago, IL 60088

Get Google Maps on your phone
Text the word "GMAPS" to 466453



- A. **Naval Station Great Lakes**
0.1 mi W
- B. **Great Lakes Naval Station**
2601 Paul Jones St, Great Lakes, IL -
(847) 688-4617 - 0.8 mi E
- C. **Naval Station Great Lakes**
0.2 mi E
- D. **great lakes ns**
2601 a paul jones st bldg 30 great lakes, il
60088 - 1.1 mi NE

E. great lakes naval

(847) 688-3154 - 0.8 mi SW

