# NATIONAL FEDERATION OF THE BLIND

# **2020 NOPBC Youth Track**

# **Live the Life You Want**

We are so excited you are taking part in this year’s Youth Track. We hope you find these sessions not only prepare you to live the life you want, but they also will be a place where you will meet new friends, become more confident and independent and have a lot of fun. Bring your computer, tablet, or phone, your positivity, and your open mind for a great Youth Track on the world wide web! Sessions are open to all blind and low vision students, children of blind adults and sighted siblings aged 11-18.

In order to get Zoom information for each Youth Track session, youth and a parent or guardian must be registered with the National Organization of Parents of Blind Children. Please visit

<http://nopbc.org/2020-nopbc-registration-form>

for more information.

## **Day 1: Tuesday, July 14, 2020**

12:00 to 2:00 PM – It’s Your Convention Experience:

Come learn about all the things there are to do at our 2020 virtual convention. Together we will explore all the ways we can make the most out of our technology this year, play some games, and meet youth from all over the world,

2:00-3:00 PM Tech is not just for homework:

Let’s use our tech to take cutting edge pictures and videos,   exploring all the social media options and making them work for us, and of course shop till you drop.

3:00-4:00 PM Working Out isn't just at the Gym:

Whether you are into yoga, strength training, cardio, or just back to basics calisthenics, we’re ready to work the circuit together.

4:00-5:00 P.M. Training with NASA:

Calling all scientist, Let’s explore the universe in an accessible way with the experts, National Aeronautics and Space Administration

5:00-7:00 NOPBC Family Night

Day 2 WEDNESDAY, JULY 15, 2020

12:00-2:00 PM Impromptu Fashion show:

Reality TV meets the runway when we combine our talent with the items in our closet. Don’t be surprised if we don’t see a few blind influencers emerge on the scene!

5:00-6:30 PM Harry Potter Escape Room:

Combine your Hogwarts knowledge with your problem-solving skills as we work together to escape from this virtual reality. Alohomora won’t get you out of this one…

7:00-8:00 PM Resolutions Explained:

What does a resolution mean, and how does the National Federation of the Blind use resolutions to make us stronger? We will explore the resolutions recommended by the National Federation of the Blind resolutions committee.

Day 3 THURSDAY, JULY,16, 2020

### 12:00-1:00 PM What Kinds of Jobs Can Blind People Do?

### Not sure what you want to be when you grow up? Come meet blind mentors working in all kinds of jobs. Already have your career planned out. Great! Come meet someone in your field who can give you some useful tips and tricks.

5:00-6:00 PM Calling all Gamers!

Come learn how to get victory royal in games of all kinds.

Day 5 Saturday, July 18, 2020, 12:00-1:00 PM: let’s get social distancing and beyond:

Philosophy session, using our alternative blindness skills to navigate our new normal.