

Lead the Way Fit Club

Who Should Attend: YOU! People of all fitness levels.

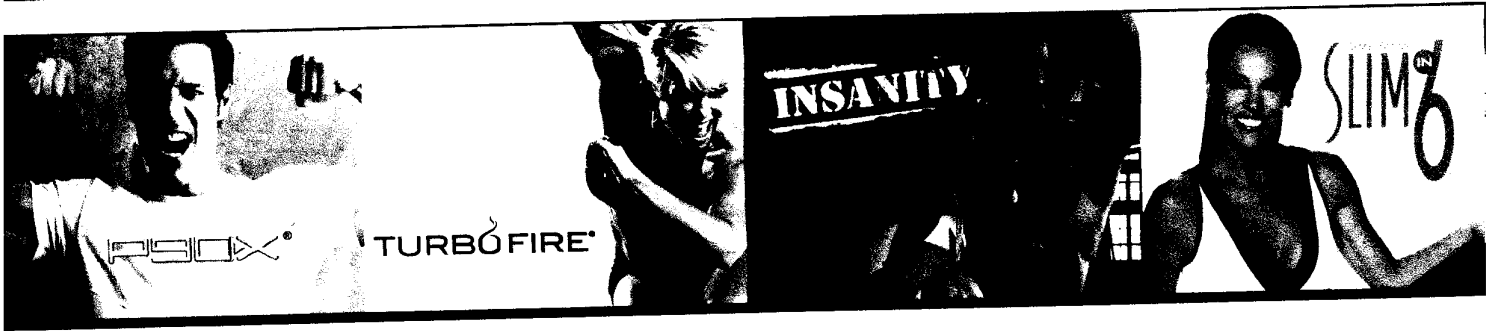
What: Come together with others to workout and get fit.

When: Beginning September 9th (Friday's), we'll meet weekly from 9:30am to 10:30am.

Where: Vision and Vocational Services
1393 N. High Street
Columbus, Ohio 43201

Why: It's fun, FREE and can help YOU move towards a healthier lifestyle.

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Helping End the Trend of Obesity
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JOIN THE CLUB!

Experience the Team Beachbody® Fit Club phenomenon!



Say goodbye to your gym membership. Team Beachbody® Fit Clubs are the ultimate way to get fit and have a blast at the same time. Come work out to best-selling Beachbody® fitness programs, including P90X®, INSANITY®, and TurboFire®. And that means you'll get sweat-inducing workouts with your favorite celebrity trainers, like Tony Horton, Shaun T, and Chalene Johnson.

People of all fitness levels are welcome, so there's no reason not to take advantage of this fun, **FREE** event. Help End the Trend™ of obesity and join in the action!

JUST SOME OF THE MANY UNIQUE BENEFITS:

- ⊙ WORK OUT WITH OTHERS TO MUSIC IN A HIP, HIGH-ENERGY ENVIRONMENT.
- ⊙ ENJOY CUTTING-EDGE FITNESS PROGRAMS.
- ⊙ LEARN ABOUT BEACHBODY PRODUCTS AND SAMPLE SHAKEOLOGY®.
- ⊙ PEOPLE OF ALL FITNESS LEVELS ARE WELCOME!
- ⊙ 100% FREE!

FREE REFRESHMENTS WILL BE SERVED!

DATE AND TIME:

Friday, September 9th, 9:30 AM–10:30 AM

EVENT LOCATION:

Vision & Vocational Services

c.vanderbrink@yahoo.com



Where fun and fitness come together.