

Therapeutic YOGA Workshops



**Are you living with a disability or illness?
Recovering from an injury?**

**Come relax, renew, and heal in this series of
yoga workshops
taught by senior teachers.**

**Sponsored by Connections for Independent Living and the
Weld Women's Fund**

**Held at the Greeley Recreation Center
Third Wednesday each month of 2015
1:30 to 3:30, Free**

For more info or to register, call Lynda at Connections, (970) 352-8682