Howdy Federation Family!

The NFBT Golden Triangle Chapter March's Newsletter

"Living Life Like Its GOLDEN!"

Purpose: To empower, educate and inform the Golden Triangle and surrounding cities of the positive philosophy of the federation and resources available for the blind.

Tap! Tap! Tap! That’s the sound of the federation!

We stand alone and MARCH together!

Please let us take a moment to recite our NFB pledge in unity:

I pledge to participate actively in the effort of the National Federation of the Blind to achieve equality, opportunity, and security for the blind; to support the policies and programs of the Federation; and to abide by its constitution.

Live the life you want while laughing!

A “Pinch!” of humor for the month of March:

Question: Why shouldn’t you iron a four-leaf clover?

Answer: You might press your luck!

**March is National Women’s History Month**

**“All the Ladies Independent, Tap your canes right at me!”**

“The women we honor today teach us three very important lessons. First, as women, we must stand up for ourselves. Second, as women, we must stand up for each other. Finally, as women, we must stand up for justice for all.”

-Michelle Obama-

* Harriet Tubman (c. “in approximately” 1820 – March 10, 1913): Harriet Tubman was a slave throughout her youth, being treated as an animal until she eventually escaped captivity. She was an abolitionist, humanitarian, and Union spy during the American Civil War. When she had reached Canada she did not stay to enjoy her freedom. She returned to the lands and brought hundreds of black slaves back to safety, saving them from slavery by escaping in what was then called The Underground Railroad. After a severe wound to the head, which was inflicted by a slave owner before her escape, she became a victim to vision impairment and seizures. That did not keep her from tossing her fears aside and to keep fighting for the freedom of her people.
* Marla Runyan is a marathon runner who is legally blind. She is a three-time national champion in the women’s 5,000 meters. Runyan’s career as a world-class runner began in 1999 at the Pan American Games, where she won the 1,500-meter race. The next year, she placed eighth in the 1,500-meter in the 2000 Sydney Olympics, making Runyan the first legally blind athlete to compete in the Games and the highest finish by an American woman in that event. In 2002 she finished as the top American at the 2002 New York City Marathon with a time of 2 hours, 27 minutes and 10 seconds to post the second-fastest debut time ever by an American woman.
* Fanny Crosby blinded by the error of a physician at 6 weeks old. She was one of the most prolific hymnists in history, writing over 8,000 hymns and gospel songs, with over 100 million copies printed, despite being blind from shortly after birth. She is also known for her teaching, and her rescue mission work. By the end of the 19th century, she was “a household name”. Known as the “Queen of Gospel Song Writers”, and as the “Mother of modern congregational singing in America” Many Christians sing her hymns till date.