



On behalf of ITN North Central Connecticut™, we invite you to become part of our annual Walk for Rides® on Saturday, April 28, 2012 at the Bubble Sports Complex in East Windsor, Connecticut.

Walk for Rides® provides vital funding to insure ITN North Central Connecticut™ continues to provide dignified transportation for seniors and the visually impaired.

ITN North Central Connecticut™ provides rides 24/7, 365 days a year by trained drivers for any purpose including medical and hair appointments, errands and lunch dates. It allows seniors to continue living an independent, connected life on their terms. ITN's service area includes the towns of Bloomfield, East Granby, East Windsor, Enfield, Granby, Somers, South Windsor, Suffield, Windsor and Windsor Locks. ITN North Central Connecticut™ is a community-supported nonprofit that does not use public dollars for operating expenses.

So please join us on April 28th for a fun-filled day to support this important cause!

ITN North Central Connecticut™ Walk for Rides 2012®

Date: April 28, 2012
Place: Sports World,
226 Main Street,
East Windsor, CT

Rain or Shine! Weather's not an issue, the Bubble is an 80,000 sq. ft. inside facility.

Registration: 9:00 a.m.
Walk Kick-Off: 10:00 a.m.

Walk 1 lap = 1,000 feet
On-site parking

Directions to The Bubble:

Directions from Springfield and points North:

- From Route 91 South
 - Take exit number 44-E. Windsor Rt-5 S.
 - Turn RIGHT onto PROSPECT HILL RD/Rt-5
 - Drive 0.2 miles, turn RIGHT onto MAIN ST
- Drive 0.5 miles, Sports World will be on your right.

Directions from Hartford and points South:

- From to Route 91 N
 - Take exit number 44- E. WINDSOR.(Rt-5 S)
 - Turn RIGHT onto PROSPECT HILL RD/Rt-5
 - Drive 0.2 miles, turn RIGHT onto MAIN ST
- Drive 0.5 miles, Sports World will be on your right.

For more information about ITN North Central Connecticut™ or Walk for Rides please call (860) 758-7833 or email info@ITNNorthCentralCT.org.

Walk for Rides® Registration Form

Pre-registration requested.
T-Shirts will be distributed to everyone who raises \$100!

Name: _____

Address: _____

City: _____ State: ____ Zip: _____

Phone: _____

Email: _____

Team Captain: _____

Tip: Request sponsorship from family, friends and co-workers.

Donor's Name / Phone # / Amount / Cash/Check

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____

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Donor's Name / Phone # / Amount / Cash/Check

11. _____
12. _____
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16. _____
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18. _____
19. _____
20. _____

Please attach additional page if necessary.

I hereby waive all claims against ITN, sponsors, personnel and volunteers for any injury that I might suffer in this event. I attest I am physically fit to walk in this event and grant permission for organizers to use photographs of me and quotations from me in legitimate accounts and promotion of this event.

Signature Required

Please submit this form along with donations (make checks payable to ITN North Central Connecticut) on Walk day or mail to:

ITN*NorthCentralConnecticut*™
P.O. Box 448,
99 Main Street, Suite 8
East Windsor, CT 06088

Registration and donations can also be accepted online at www.walkforrides.org.

“I believe that ITN*NorthCentralConnecticut*™ is a valuable asset for the region and that seniors are thankful for the service. I think that this is a tremendous step forward for the area.”

Brad Davis
Honorary Celebrity Chairperson
Morning Host, WDRC

“I am honored to act as Honorary Chairperson of the ITN Walk for Rides. Providing transportation to seniors, keeping them social and giving them the ability to be independent is so important to their health and well-being.”

Joe Ravalese
Honorary Community Chairperson
Owner, Country Diner Restaurant

“About three years ago I woke up and everything was foggy, I had totally lost all my vision in my left eye and I had less than half of my right eye. Of course when you cannot drive, you are barely able to get around. I felt as though most of my life had been taken away. ITN® has given me a life again. I can do the shopping I need, keep medical appointments, go to lunch with friends. The drivers are wonderful; when necessary they will accompany me in a store to find something I need. There are no words that describe how important this program has been to help me live my life without burdening family and friends. Please support this life giving service.”

Billie Alban
ITN*NorthCentralConnecticut*™ Participant

NorthCentral
ITNConnecticut™
Dignified transportation for seniors

Walk for Rides®



**Saturday, April 28, 2012
Sports World
East Windsor, CT**

Brad Davis, Celebrity Chairperson
Joe Ravalese, Community Chairperson

www.walkforrides.org