

Adapted Cycling Experience



Persons ages 8 and older
with either a physical disability or
a visual impairment

August 16, 2010

10:00 am - 1:00 pm

4601 Sauk Trail (parking lot)
Richton Park

FREE

To register, please contact the
SSSRA office.

Riders can come and try out hand
cycles and tandem bikes. Coaches and
adapted physical education teachers can
get information on how to teach or get
individuals riding.

sssra

**SOUTH SUBURBAN
SPECIAL RECREATION
ASSOCIATION**

19910 80th Avenue
Tinley Park, IL 60487

815-806-0384 (phone)
815-806-0390 (fax)

www.sssra.org



*To promote the power of choice and to enhance the quality of life of individuals of all abilities,
by providing accessible recreation in an environment that promotes dignity, success, and fun.*

SSSRA is a therapeutic recreation program that is an extension of eight park districts and three recreation and parks departments. It is organized to provide individuals with disabilities or special needs, the opportunity to be involved in year-round recreation.

SSSRA Residents:
Country Club Hills Park District
Frankfort Square Park District
Hazel Crest Park District
Homewood-Flossmoor Park District
Lan-Oak Park District

Matteson Parks and Recreation Department
Oak Forest Park District
Olympia Fields Park District
Park Forest Recreation and Parks Department
Richton Park Parks and Recreation Department
Tinley Park-Park District