Sand Bar Subs Menu.pdf

Sandbar-Menu.pdf

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Turkey, bacon, lettuce, tomato & ranch dressing SANDBAR SIGNATURE SUBS SANDBAR TOSSED SALADS

#1 JIMMY THE SAILOR

Turkey, bacon, lettuce, tomato & ranch dressing

#2 BAJA BREEZE CHICKEN SALAD

Fresh chicken salad topped with tomato & lettuce

#3 THE CYCLONE

Grilled chicken, cheddar cheese, lettuce, tomato

& Patty’s killer dip

#4 KING NEPTUNE

Ham, turkey, roast beef, swiss & american cheese,

mayo, lettuce and tomato

#5 SAMMY THE SHARK

Ham, swiss, & Patty’s Killer dip

#6 PIRATE’S STEAK

ALGAE EATER

Lettuce, spinach, feta cheese, green peppers, sunflower

seeds, dried cranberries & fresh baked croutons

THE SEA CAPTAIN

Crab meat, lettuce, spinach, dried cranberries, sunflower

seeds, parmesan, cheddar cheese & fresh-baked

BEACH ROAD GRILLED CHICKEN SALAD

Grilled chicken, cheddar cheese, lettuce, spinach,

tomato & fresh-baked croutons

CAROLINA COAST COBB SALAD

Our version of the classic! Lettuce, turkey, ham, cheddar

cheese, tomato, green pepper, onions, hard-boiled eggs

& fresh-baked croutons

Roast beef, BBQ sauce, swiss & american cheese,

onions and green peppers

BEACH DOGS

#7 CAPTAIN HOOK

Classic bacon, lettuce, tomato & mayo

#8 SANDBAR LUAU

Hot ham & swiss topped with pineapple &

BBQ sauce

#9 TURKEY CATAMARAN

Turkey, spinach, tomato, onion &

Balsamic vinaigrette

#10 HUMMUS HAMMERHEAD

Roasted red pepper hummus, spinach, tomato,

provolone & parmesan cheese

#11 KC SLOW-COOKED BRISKET

Tender beef & BBQ sauce

#12 HIGH SEAS TUNA SALAD

Right from the sea...topped with tomato, mayo &

lettuce

#13 SEASIDE EGG SALAD

Just like mom’s

#14 TUSCANY ITALIAN

Salami, balogna, pepperoni, provolone cheese, lettuce,

SEA DOG - 100% BEEF

Relish, fresh onions, mustard & ketchup

KEY WEST DOG - 100% BEEF

Tomatoes, fresh onions & pickles

SMOKED SAUSAGE CHEDDAR DOG

Mustard

KILLER CHILI DOG - 100% BEEF

Loaded with our famous chili & topped with cheddar

THE WHALER DOUBLE DOG - 100% BEEF

1/2 pound of dogs loaded with your choice of toppings

DOG TOPPINGS:

Ketchup, mustard (regular, spicy or honey), mayo,

ranch dressing, thousand island dressing, BBQ sauce,

cheese sauce, relish, pickles, onions, tomatoes, green

peppers, black olives, jalapenos, banana peppers,

pineapple, hard-boiled eggs, Patty’s killer dip, cheddar

cheese, chili

tomato, mayo, oil & vinegar

#15 KID’S SNACKERS

SIDES

Ham & american cheese with mayo

BREAD OPTIONS:

White, Wheat, Wheat tortilla

BREAKFAST Served All Day!

BISCUITS & GRAVY

Fresh-baked biscuit loaded with our famous sausage gravy

SAUSAGE & CHEESE BREAKFAST

Eggs, cheddar cheese and savory sausage

GARDEN BREAKFAST BURRITO

CUP OF SOUP

Broccoli cheese, chili, soup du jour

FUN FRUITS & YOGURT POWER LUNCH

Low fat yogurt, fruit, granola

BROCCOLI SALAD

PASTA SALAD

CHIPS

KETTLE CHIPS

FRESH-BAKED COOKIE

Chocolate chip or oatmeal raisin

Eggs, pepper jack cheese, jalapenos, red onion

& tomato

CUSTOM BREAKFAST

BEACH BUM BREAKFAST BURRITO

Eggs, pepper jack cheese, savory sausage, bell peppers

& red onion

KING’S BREAKFAST BOWL

Fresh-baked biscuit, egg & farmland sausage patty with

our famous sausage gravy

BREAKFAST PARFAIT

Low-fat yogurt loaded with fresh fruit & granola

HOMEMADE CINNAMON ROLL

Fresh-baked right here in the store!

CHOOSE YOUR BREAD

Fresh-baked biscuits or english muffin

CHOOSE YOUR TOPPINGS:

SAUSAGE

Farmland sausage patty

SAUSAGE, EGG AND CHEESE

Farmland sausage patty, egg & american cheese

BACON, EGG AND CHEESE

Crispy bacon with egg & american cheese

HAM, EGG AND CHEESE

Hot ham, egg & american cheese

Ordering or Catering Information

(785) 842-0111

Sandbarsubs.com

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Lawrence, KS ~ Ottawa, KS

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