



PLEASE JOIN US AND SHARE WITH YOUR NETWORKS

Betsy D. Simon, M.S., CHES®, CEO & Founder
BDS Networks® (BDS Healthy Aging Networks, Inc.) bdsimon2020@gmail.com
Pamela Stanback Miller and Taira Harris, Zoom Co-Hosts

JOIN US ON ZOOM WEDNESDAY, 10-20-2021

ZOOM LINK: <https://us02web.zoom.us/j/82739479263>

Or Dial: 1 301 715 8592 US <> Meeting ID: 827 3947 9263

The BDEC Tech Support Hotline is here to help Baltimore City's older adult residents!!
Baltimore City OLDER ADULTS within the BDS Healthy Aging Networks can call the
FREE Tech Support Hotline at 410-834-4214 <> Monday through Friday from 10am – 6pm

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**11:15am: Session with Mr. Soto, Ms. Williams & 2nd Graders
Baltimore Creative Charter School on Zoom with BDS Networks®**

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12:30pm: Open for Zoom Chat and A Little Music via YouTube

12:55pm: Call to Session by Betsy D. Simon

**Continued Greetings to the New Psalmist Connection Class Members
"Aging Starts Early, Enjoy, Know Your Options"**

Mica Saunders, The Body Chemist Guides us to Move Our Bodies and Enjoy Peaceful Meditation

1:05pm

**Jose Jimenez, M.S., Social Program Administrator II, National Family Caregivers Program, BCHD
Division of Aging and CARE Services**

Linda Stewart, Program Manager, M.P.A., Johns Hopkins Bayview Medical Center's Called to Care

1:15pm

PACE Proposal for West Baltimore by Dr. Stephen Gordon, MD, Geriatrician, Edenbridge Health

2:00pm

Dr. Panagis Galiatsatos, MD, MHS, Johns Hopkins Bayview

3:00pm

Emphasizing The ABILITIES in dis "Abilities"
Michael Bullis, Executive Director for People with Disabilities
Melba Taylor, Entrepreneur and business owner
Dezman Jackson, Digital Accessibility Analyst McDonald Corporation
TyRon Bratcher, Coppin State University graduate
Latonya Phipps, Lawyer
Marguerite Woods, President
At Large Chapter of the NFB of MD, 443-271-1668

Community Partner Updates

Others Present

BDS Networks Outreach Team Updates

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Message from Chaplain Gloria Woodard

3:00pm Taking A Positive Spin on Life

Song by "V" Hayward, Lori's Hands <>Words of Comfort, Peaches Camphor

Others are Welcome to Sing, Share or Perform

Marguerite Woods, President, Maryland-at-Large Chapter, National Federation of the Blind

Open Mic...

The Zoom After Chat Follows

**Open to all, led by BDS Support Team Members, Partners are Welcome
Mr. Kola Bakre, Older Adult Advocate, BHSB, Advisor**

Save The Dates: Featured Speakers

Additionally, We Welcome Weekly Partner Updates

October 27, 2021

1:05pm: Leslie Yancey, Program Manager, Recreation and Parks, Baltimore City

1:15pm: Angela Ginn-Meadows, RN, RDN, CDE
Kai Rundquist, Civic Works Mobile Farmers Market

2:00pm: RB Robinson and Alice Haung: "Hunger Solutions"

2:30pm: Lauren Siegel, MSW and Artist: "The Monthly Arts Class"

November's Calendar will be released on October 26, 2021

Additional Partner Flyers Are Sent Out Every Thursday.

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Join BDS Networks virtually via zoom every Wednesday, 1 pm

Join Zoom: <https://us02web.zoom.us/j/82739479263>

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