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| Intro | Snap fingers to the beat as we gather to dance |
|  | Dance begins with instruments and the lyric “sunshine in my pocket” |
| 1-2 | Step to the right, step together |
| 3-4 | Step to the right, step together |
| 5-6 | Step to the left, step together |
| 7-8 | Step to the left, step together |
| 1 | Squat down |
| 2 | Stand up straight |
| 3 | Pump the cane/ your hand(s) in the air |
| 4 | Pump the cane/ your hand(s) in the air |
| 5 | Squat down |
| 6 | Stand up straight |
| 7 | Pump the cane/ your hand(s) in the air |
| 8 | Pump the cane/ your hand(s) in the air |
| 1, 2 | Step back with the right foot and hold (arms bent 90 degrees at elbow waist height, palms facing out like “stop”) |
| 3, 4 | Step back with the left foot and hold (arms bent 90 degrees at elbow waist height, palms facing out like “stop”) |
| 5, 6 | Step forward with the left foot and hold (arms bent 90 degrees at elbow waist height, palms facing out like “stop”) |
| 7, 8 | Step right foot forward together and hold (arms bent 90 degrees at elbow waist height, palms facing out like “stop”) |
| 1, 2 | Lunge step with the right foot, diagonally out (hands show attitude like jazz hands) |
| 3, 4 | Right foot steps together with the left (arms down beside you) |
| 5, 6 | Lunge step with the left foot, diagonally out (hands show attitude like jazz hands) |
| 7, 8 | Left foot steps together with the right (arms down beside you) |
| 1-8 | Turn to the left (90 degrees) by marching on the beat for 8 counts |
| Repeat | From the beginning - minus snapping - Turn to all 4 walls, circling around 2 times, & ending at your starting wall. After the right/left lung stay facing forward and sway with hands in the air, snap or clap to the beat. Solo dance during this part. |