



National Wellness Institute Multicultural Competency Committee

Purpose

The Multicultural Competency Committee (MCC) supports NWI with its efforts to increase inclusiveness by advancing multicultural competency within wellness-inclusive practices. Additionally, this group assists with developing knowledge, awareness, and skills for wellness practitioners, organizations, under-presented populations, and communities to deliver equitable and culturally appropriate programs and services for their constituents. The MCC recommends ideas and actions for approval by the Board of Directors.

Key objectives include:

- Foster inclusion to advance multicultural competency within comprehensive wellness advantageous practices and service delivery.
- Integrate inclusive and multicultural competencies within the operating and programmatic structure of NWI.
- Develop programs and continuing education of gold standard, while addressing issues of race, ethnicity, gender, religion, class, language, diversity of ideas, service delivery, sexual orientation, and others.

Roles & Responsibilities

- Engage participants in MCC conversations.
- Curate resources for participants in the field of health and wellness.
- Present MCC perspectives on health and wellness at the annual conference
- Write journal articles, white papers, and blogs that spark curiosity in NWI members and overall.
- Interview and share stories of how MCC practices are applied in the workplace, community settings, and the competitive advantage.
- Build partnerships and collaborations with other non-profit organizations.

Commitment

The committee meets on the first **Wednesday of each month from 1:00-2:00 PM (EST)**. Sub-committees are formed to address a variety of tasks, which meet in between the monthly calls. The approximate commitment is five hours per month.

Composition

- The committee should have a minimum of 9 and a maximum of 12 members.
- Board Members serve as committee chair and a member as a co-chair.
- Additional committee members bring broad and diverse expertise in healthcare coaching, community health, workplace wellness, public health, non-profit organizations, higher education, and social services.

Essential Skills

- Share creative and innovative ideas.
- Ability to take ownership, deliver on time and raise concerns or challenges that might impact a deadline.
- Knowledge and/or interest in health and wellness

- Experience holding a leadership role.

Please email: mcc.anita@nationalwellness.org and attach your resume (Mandatory)