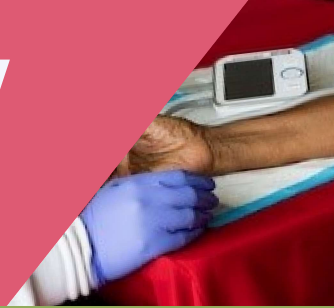


# AAHP COMMUNITY DAY | 2023



## Take Control of YOUR HEALTH

SATURDAY, MAY 20TH

9AM - 2PM

Walk/Run/Bike activities start at 7:45AM



**FREE EVENT**

## LOCATION

### MONTGOMERY COLLEGE

GERMANTOWN CAMPUS, BIOSCIENCE CENTER  
20200 OBSERVATION DRIVE, #4067  
GERMANTOWN, MD 20876

## ACTIVITIES

- Town Hall (9AM - 10:15AM): A Conversation for Youth, Parents, and the Community on Security, Change & Wellness
- Fun-filled Day with Yoga, Line Dancing & Zumba
- Tour the C.O.P.E. Trailer - a New Tool that shows Parents the Signs of Opioid Abuse
- Cooking Demonstrations & Gardening Tips
- Exhibits & Workshops for all ages
- Free Health Screenings
- On-site Medicaid Re-enrollment
- STEM Activities and Info about STEM college majors & careers

## SPONSORS

### Extra Mile

African American Health Program (AAHP)  
Montgomery College  
MedStar Montgomery Medical Center  
Alpha Kappa Alpha Sorority, Inc., Xi Sigma Omega Chapter  
Venice Mundle-Harvey DBA Allstate Insurance

### High Jumper

Patuxent River (MD) Chapter of The Links, Inc.  
Clinton AME Zion Church

### Sprinter

NCNW, Montgomery County, Maryland Section  
Zeta Phi Beta Sorority, Inc., Eta Pi Zeta Chapter  
Alpha Kappa Alpha Sorority, Inc., Theta Omega Omega Chapter

### Strategic Partner

Montgomery County Branch of the NAACP

▶  
**SCAN TO  
RSVP**



**STUDENTS EARN SSL HOURS**

RSVP on Eventbrite @

<https://tinyurl.com/AAHPCommunityDay2023>

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Meeting Accessibility Policy: Montgomery County will provide sign language interpreters and other auxiliary aids or services upon request--with as much advance notice as possible, preferably within at least three (3) business days before the event. Contact Ms. Arlee Wallace, Program Manager for the African American Health Program at 240-777-1451 or send a request to [arlee.wallace@montgomerycountymd.gov](mailto:arlee.wallace@montgomerycountymd.gov). Taking these steps will help us have sufficient time to best meet your needs.

African American Health Program



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