Hello,

I am currently a student at Franklin University and the mother of one of the students at the Ohio State School for the Blind. I am conducting a research project on how blind/visually impaired individuals dream, and how these dreams might be similar or different to those of a sighted person. I would be honored if you would take the time to fill out this short 10 question survey. It is an anonymous survey. I do not need to know your name, age, or sex. I also do not need your personal information such as phone number, email address or physical address.

Once you have completed the survey you can send it to one of the email addresses listed below.

[benneb05@email.franklin.edu](mailto:benneb05@email.franklin.edu)

ebennett@osdb.oh.gov

once again thank you,

Brittany Bennett

1. In your own words describe your vision (i.e., no vision, light perception only, color and light perception, shadows, some shapes, or large objects)?

-I have no vision in my right eye, but in my left, I can see shapes, colors, images, and movement. I also have constant floaters or flashing lights in both eyes.

2. How long have you been blind/visually impaired (i.e., since birth, age of vision loss)?

-Born with cataracts, but lost more vision in high school due to glaucoma

3. When you dream do you hear sounds or voices?

-Yes

4. When you dream have you experienced any sense of taste?

-Yes

5. When you dream do you ever experience the sense of smell?

-Yes

6. In your dreams have you ever experience the sense of touch (i.e., reached out and touched something or felt blowing wind or rain etc.)?

-Yes

7. In your dreams have you ever seen anything (visions of any kind, including colors, shapes, spots, shadows, images, or objects etc.)?

-Yes

8. If you do have any visual expects to your dreams is it every time you dream?

-Most of the time

9. If you have any visual expects when you dream are they usually normal dreams or unpleasant dreams?

-Both

10. Is there any other information you would like to explain about how you dream that sighted people may not know or understand?

-Right after losing most of my vision, I had a lot more nightmares than I think I did before. The nightmares that I remember were about falling or sinking. I have very vivid dreams when I remember them and can definitely taste and smell, like chlorine in a pool, or mint gum, or sweat. I also dream with temperatures, like if it is snowing in my dream, I will feel cold, even if I am actually warm. Sometimes I will see my floaters in my dreams as well like I do when I’m awake.