

TEEN GROUP

Lighthouse Guild Parent Support Network



Chat with other teens around the country!

We are introducing a free telephone support group for high school students in 10th, 11th, and 12th grades from around the country who are blind and visually impaired.

You will have the opportunity to talk about common social, emotional, academic, and practical concerns connected with having a vision impairment. Some of the subjects we expect to discuss include:

- Mobility
- Assistive technology
- Dating
- Preparing for college
- Career goals
- Scientific/medical advances

"I liked how the calls were laid back and relaxed. I would definitely recommend that all blind and visually impaired high school students join these calls—you will enjoy them!"
—Ilire, a high school senior in the Teen Tele-Support Group

Groups will be led by **Daria Zawadzki, JD, LMSW**, a licensed social worker. Groups meet weekly by phone (**toll-free**) for 60 to 75 minutes. The groups will start in **September, 2018**. Groups will be small and everyone will have the opportunity to take part. Interesting guest speakers will call in on occasion to share their knowledge and experiences.

For more information or to enroll in a tele-support group
800-562-6265 • teengroups@lighthouseguild.org
lighthouseguild.org/teensupport



**Lighthouse
Guild**

lighthouseguild.org
800-284-4422