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**DISTRICT 50 • HAWAII**

**THE INTERNATIONAL ASSOCIATION OF LIONS CLUBS**

Celebrate the new year by doing something good for yourself!

STRETCH your boundaries and add BALANCE to your life while having fun at a

**FREE! MODIFIED! BEGINNER’S! YOGA CLASS**

WHEN: Saturday, February 18, 2017, 1pm-3pm

WHERE: Moilili Community Center, room 105

Taught by: Francine Loo, a retired teacher of blind and visually impaired students

Supplies: Yoga mat (recommended, but not required), Water bottle, Small face towel, Comfortable clothing to move freely in.

RSVP: Please contact either Lion Sharon Ige or Karen Kojima if you would like to attend by **FEB. 4 for planning purposes.**

Sharon Ige: [sharonige003@hawaii.rr.com](mailto:sharonige003@hawaii.rr.com) or call 542-9912

Karen Kojima: [karenkoji277@gmail.com](mailto:karenkoji277@gmail.com) or call 386-3277