

Different kinds of Travel Training

Different kinds of travel training are available. You will receive the training that matches your needs.

Transit Orientation— For individuals or groups. Information of bus routes, schedules, and bus features are reviewed. Bus rules, fare policy and trip planning are



explained and the use of mobility devices while

boarding, riding and exiting is also discussed.

Familiarization— Individual or group training for experienced travelers who need support understanding a new route or new mode of transportation.

Travel Training— One-to-one short-term or comprehensive instruction. Independent travel concepts and skills are developed to allow travel from one destination to another. The bus ride is completed with a travel trainer.



603-225-1989



603-528-2496
1-800-294-2496



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TRAVEL TRAINING

*Travel Independently,
confidently and safely!*



Concord: 603-225-3295

Lakes Region: 603-528-2496

Or 1-800-294-2496

What is Travel Training?

Travel training is available to anyone who is interested in using public transportation on Concord Area Transit (CAT) or the Winnisauke Transit System (WTS). Many individuals can benefit from this training. With travel training, people will gain the skills necessary to independently, comfortably and safely access the community.



Travel training is a self-paced process and is available for individuals or small groups. Training is completed in the real environment with structured steps to allow everyone the necessary amount of time to complete training.

What are the Benefits?

Individuals will be able to...

- ⇒ **Complete trip planning**
- ⇒ **Understand bus routes and schedules**
- ⇒ **Identify buses, bus stops and landmarks**
- ⇒ **Pay bus fare and purchase bus passes**
- ⇒ **Safely board, ride and exit the bus**
- ⇒ **Navigate to and from bus stops**
- ⇒ **Learn how to transfer between routes**
- ⇒ **Improve safety and street crossing skills**
- ⇒ **Comfortably use accessible lifts and ramps**



How does it work?

Simply call the travel trainer at Community Action Program Belknap-Merrimack Counties, Inc to set up an appointment. Appointment times are flexible depending on your schedule. During the initial appointment the travel trainer and individual will collaborate and plan out a personalized training process and discuss your specific travel goals. There is no commitment to the program, only the opportunity to gain skills to help you get to where you need to go. Training is complete only when you are comfortable and ready to ride independently.

Call and ask for the Travel Trainer

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