RINNGING IN THE NEW YEAR

A great opportunity to look ahead often presents itself when stepping into a brand new year. Perhaps this is the time to re-evaluate goals and objectives that have been left behind. Creating Options is a support group that lends itself to such discussion.

Cane travel, home management, and adaptive technology are just a few of the issues which are discussed. Bring your questions, comments, and concerns to Creating Options which meets on the third Wednesday of each month. The goal of this support group is to assist with identifying long term goals and to help in the process of reaching these goals. Friends and family are always welcome as we consider and support these issues over a cup of coffee

The January group will meet on 15, 2020 from 10:00 a.m. to 12 noon

New Mexico Commission for the Blind

2200 Yale Blvd. SE

Albuquerque, New Mexico

This group will meet in the Skills Center Kitchen

Parking is available on south side of building

You can enter the building at the Skills Center entrance located northeast area of parking lot

Facilitated by Nancy and Don Burns