Oregon School for the Blind Proudly Presents...

Summer Programs Shine In 2009!

Please indicate no more than three choices in order of preference.

Summer Instruction Opportunities:			
Techno Trail Early Concepts and Opportunities Food for Thought		July 5 - 10 July 5 - 10 July 26 - 31	
Summer Enrichment Opportunities	:		
Sports Camp Creative Enrichment Outdoor Camp		July	12 - 17 19 - 31 26 - 31
Student's Name		Birthdate	F/M Sex
Parent or Guardian	n Regional Program		
Address		Vision Teacher	
City Zip Code		Grade (08-09 School Year)	
Home Phone Work Phone		E-Mail Address (if you would like to receive your information via e-mail)	
Special Needs: (does your child have a what where the special Needs) is the special Needs of	heelchair, sp	ecial diet, etc.)	
Tuition: \$50.00 per week		Enclosed Will be paid at reg	eistration

Please return this application to: *Oregon School for the Blind, 700 Church Street SE, Salem, OR 97301-3795 or fax it to (503) 373-7537 or e-mail to Terri.Nichols@state.or.us* If you have questions, please call *Terri* at (503) 378-8090.

Session: EARLY CONCEPTS AND OPPORTUNITIES

Dates: Sunday, July 5 - Friday, July 10

Students: 8 students aged 5 to 10 yrs

Description: Young students will have the opportunity to increase their

understanding of their environment and their personal beings with a focus on developing Language, an Awareness of Environment, Social Skills, Fine/Gross Motor, Sensory Skills and Activities of

Daily Living.

• <u>Language Development</u>- this area provides instruction in understanding language by using hands on daily activities such as in the American Printing House calendar exposure activities. Example: learn about magnets; leave water outside in the sun (what happens?) Pull weeds out of a garden (what is a weed?) and vocabulary building through experiences.

- <u>Social Skills</u>- this area emphasizes communication with other peers, staff and community workers. Other areas emphasized are turn taking, sharing information, asking questions and playing with other children.
- <u>Awareness of Environment</u>- this area is designed to teach functional travel skills in a group or small routes on campus, as well as, use of landmarks for orientation within buildings.
- <u>Fine and Gross motor</u>- this area emphasizes a variety of activities to increase the student's ability to use their hands or body. For example eating, cooking, sensory activities, dressing, bike riding, swimming or even bowling.
- <u>Activities of Daily Living</u> provides instruction in living skills, such as eating, dressing, hygiene, cooking, room and clothing care.

Session: **FOOD FOR THOUGHT**

Dates: Sunday, July 26 - Friday, July 31

Students: 8 students aged 14-20

Description: Students will have the opportunity to explore careers in the food

industry. This will be a vocational experience to learn the practical application of working in the food industry. It will be a very fun career opportunity in which the students will be able to sample jobs and have the opportunity to work in a mock restaurant on campus. They will learn about menu planning, shopping, and money management, taking orders, working as a team member and customer service. On Friday, July 31 from 11:00 to 12:30 families

will be invited to eat at our restaurant and be served by the

students.

• Independent Living Skills

This area provides instruction in living skills, such as eating, dressing, grooming, basic room and clothing care, budgeting, meal preparation and housekeeping.

Social Skills

This area emphasizes communication through knowledge of personal information, decision-making, self-improvement skills, goal setting skills, interpersonal skills, self-image, communication and awareness of others.

Orientation and Mobility

This area is designed to teach functional travel skills to students with vision impairments. The goal of the course is to teach students to travel as independently as possible in familiar and unfamiliar settings.

Organizational Skills

This area will focus on organizing outings and the personal belongings that need to be taken with them. There will be discussions of food and money needs depending on the choice of outing. A variety of community trips will be provided.

Session: **TECHNO - TRAIL**

Dates: Sunday, July 5 - Friday, July 10

Students: 10 students aged 10-20

Description: Through the use of technology and community mobility

opportunities the students will be exposed to the following areas:

• Hands-On Experience with Assistive Technology

Students will have an opportunity for use and training in various pieces of assistive technology such as screen reader software, screen enlargement software, print-to-Braille translation software, scanner -based reading systems and voice-to-text input systems. This work will be done in conjunction with training in the use of various applications in the Microsoft Office Professional Suite. Although we can't promise that students will become "experts" in any of the above... we can state that a good foundation will be provided to workshop participants.

• Technology in the Workplace

Students will be exposed to technology being employed in a variety of work settings. Students will visit work sites in the community to understand careers in the area of technology. They will understand how technology is used in a variety of careers and develop an understanding of the type of technology used by people with vision impairments on the job.

• Independent Living Skills

This area provides instruction in living skills, such as eating, dressing, grooming, basic room and clothing care, budgeting, meal preparation and housekeeping.

Social Skills

This area emphasizes communication through knowledge of personal information, decision-making, self-improvement skills, goal setting skills, interpersonal skills, self-image, communication and awareness of others.

• Orientation and Mobility

Students will acquire skills for the use of compass directions, landmarks, and other orientation strategies. Students will travel as independently as possible in familiar and unfamiliar settings.

Students who currently have personal electronic note takers are encouraged to bring them to the Techno-Trail workshop. This way they can receive both training and practice using a device with which they are already familiar.

Session: SPORTS CAMP

Dates: Sunday, July 12 - Friday, July 17

Students: 15 students aged 12-18

Description: This one-week workshop will provide students with an opportunity

to develop skills and interest in sports, recreation and leisure activities. Students will have an opportunity to participate in individual and group recreation, leisure activities and competitive sports. Activities may include swimming, bowling, track, baseball, aerobics, horseback riding, goal ball and canoeing. Students should be able to demonstrate basic skills such as the ability to take care of personal hygiene needs and independently travel on campus and

follow basic instructions for games and activities.

• Independent Living Skills

This area provides instruction in living skills, such as eating, dressing, grooming, basic room and clothing care, meal preparation and housekeeping.

Social Interactions

Students will develop an understanding of themselves in terms of personal interest, capabilities and limitations, self-concept and individual personality characteristics, self-confidence and positive attitudes about themselves and others.

Social Skills

This area emphasizes communication through knowledge of personal information, decision-making, self-improvement skills, goal setting skills, interpersonal skills, self-image, communication and awareness of others.

Session: **CREATIVE ENRICHMENT**

Dates: Sunday, July 19 - Friday, July 31

**All students must be picked up by 1 PM on Friday to

go home each weekend**

Students: 12 students aged 10-20

Description: This workshop will encourage academically oriented students to be

"creative." The students will have an opportunity to develop their talents in writing, drama, music, dance, theatre, video production and art. They will be exposed to all areas of the arts and various communication fields including, but not limited to, radio and television. Students will have an opportunity to learn about directing, producing, lighting and camera techniques and sound effects. Field trips to concerts, plays and art exhibits will be planned. They will have an opportunity to apprentice with an artist. The students will be presenting their talents in a play or show of their own choosing on Friday, July 31 at 11 AM and all family

members and friends are invited.

• <u>Independent Living Skills</u>

This area provides instruction in living skills, such as eating, dressing, grooming, basic room and clothing care, meal preparation and housekeeping.

• Social Interactions

Students will develop an understanding of themselves in terms of personal interest, capabilities and limitations, self-concept and individual personality characteristics, self-confidence and positive attitudes about themselves and others.

Social Skills

This area emphasizes communication through knowledge of personal information, decision-making, self-improvement skills, goal setting skills, interpersonal skills, self-image, communication and awareness of others.

Session: **OUTDOOR CAMP**

GEOGRAPHICAL AND GEOLOGIC EMPHASIS

Dates: Sunday, July 26 - Friday, July 31

Students: 12 students aged 10-18

Description: This year OSB is teaming up with Amy Lobben from the

University of Oregon. Students will expand on the outdoor activities by incorporating two days of hands on experiences of Oregon's unique geomorphology and biodiversity. This is an extraspecial workshop for students who want additional opportunities to explore outdoor environments such as volcanic, mountain, and coastal features using tactile maps and other geographic tools. Staff are busy working on accessing a camp site along the Oregon Coast and compiling a list of potential activities based on what's

available in that area. This summer camp promises to be very

educational, active and exciting.

Although it is not necessary for participants to have had previous camping experience, we are asking that each participant be able to demonstrate independence with dressing, toileting and be able to manage personal hygiene needs. As one might expect to find in a unique or new environment such as a campsite, we anticipate many opportunities for students with various camp tasks. The students will be active participants in ALL aspects of camping.

Some of the focus areas we'll work on include:

Activities of Daily Living:

Students will fine-tune their personal hygiene, cooking/meal prep, self-help, "homemaking" and a wide variety of other skills in an outdoor setting.

Orientation and Mobility:

Navigating around a campsite, traveling to and from restrooms in the vicinity of our campsites, and traveling over uneven terrain are just some of the skills that will be carried out many times a day. Students will be given an opportunity to use their orientation skills everywhere we go. Finally, there will be many unique opportunities to further develop balance, motor control and orientation in unusual places. Can you say "Canoe or Tandem Bike O&M"?!?

Team Building and Friendships:

Students will be working with others to carry out tasks for the common good. Whether it be setting up camp/tents, launching a canoe in a lake, or preparing a meal. There will be plenty of opportunities to use communication and cooperative work skills to carry out the task at hand. Not only will the students have this opportunity during the day's activities, they will also be sharing a tent with their fellow campers.