

**NFB of California Seniors Sunshine Tribune**

March 2022 Volume 2

Editor Trena Brown

Arietta Woods, President

**Fun Fact**

Facts about California

• California is home to the “Avocado Capital of the World.” Every year, Fallbrook holds an avocado festival to celebrate.

• The Hollywood Bowl is the largest outdoor amphitheater in the United States.

**Quote**

Obstacles are what you see when you take your eyes off of your goal.

News Alerts

Reminder March 13th,2022 Daylight Saving Time

Today, most Americans spring forward (turn clocks ahead and lose an hour) on the second Sunday in March (at 2:00 A.M.).

**Department of Aging & Element3 Partnership -- FREE Virtual Clubs**

The Los Angeles Department of Aging & Element3 Health, creator, and partner of the End of Loneliness Initiative (ELI), have partnered to provide older adult residents FREE access to fun, engaging clubs and activities aimed to reduce isolation and improve health outcomes.

Sign up for any of Element3 Health’s Virtual Clubs centered on the things you love to do - from yoga to crafting, line dancing and more! Learn more: To join, go to:  [www.element3healthclubs.com](http://www.element3healthclubs.com/)

**Senior Information and Assistance in LA County and San Bernadino County**

The Senior Information and Assistance Program provides information and assistance to help a senior citizen solve problems he or she may have.

Senior Information & Assistance Program in LA County– 1800-510-2020

Rancho Cucamonga – 909-948-6235 San Bernardino – 909-891-3810

NFB-NEWSLINE®: A Must-Have Travel Accessory Traveling can be more entertaining when [NFB-NEWSLINE®](https://nfb.org/civicrm/mailing/url?u=24772&qid=6891878) comes along. Whether you’re planning a business trip, family vacation, or a staycation for one, you can count on NFB-NEWSLINE to be ready for adventure with more than 500 publications, magazines, and resources:

* Emergency weather alerts and seven-day forecasts localized to GPS location on the NFB-NEWSLINE mobile app.
* Access local newspapers on your iPhone mobile app for upcoming events and learn what’s happening in the area.
* In Conde Nast Traveler, get travel reviews, guides, and read about your next cruise in “The Gold List.”
* Are you traveling with your favorite four-legged friend? Read Dogster and have some “Fun with Fido: Get Away on a Canine Caribbean Adventure.”

Put NFB-NEWSLINE on your traveling checklist especially for the upcoming [2022 National Federation of the Blind National Convention](http://nfb.org/convention).

## Sign Up for NFB-NEWSLINE

The NFB-NEWSLINE is a free audio and Braille service for anyone who is blind, low vision, deafblind, or otherwise print disabled. There are several ways to sign-up:

* Complete our [online application](https://nfb.org/civicrm/mailing/url?u=24773&qid=6891878)
* You may also [download and mail an application](https://nfb.org/civicrm/mailing/url?u=24774&qid=6891878)
* Call the National Federation of the Blind at 866-504-7300 to request an application
* Call your state's [Library for the Blind and Print Disabled](https://nfb.org/civicrm/mailing/url?u=24775&qid=6891878)

After your registration is processed, you will receive a message containing your activation codes and instructions.

Calendar of Events

Presidents Release for March 1, 2022

Attend the monthly [presidential release](https://nfb.org/civicrm/mailing/url?u=24744&qid=6876996) of the National Federation of the Blind. Members of the Federation are encouraged to attend, and non-members are warmly welcomed.

Submit questions in advance to [cdanielsen@nfb.org](https://nfb.org/civicrm/mailing/url?u=24745&qid=6876996) and put PR514 in the subject line, or call 410-659-9314, extension 2473.  
There are several options to attend the release.  
Join via Zoom  
Zoom via web: [https://zoom.us/j/92107904480](https://nfb.org/civicrm/mailing/url?u=24746&qid=6876996)  
Zoom One Tap Mobile: 1 301 715 8592  
Zoom Meeting ID: 921 0790 4480  
More Ways to Access

[Closed Captions via 1CapApp](https://nfb.org/civicrm/mailing/url?u=24747&qid=6876996)  
[Shoutcast Stream](https://nfb.org/civicrm/mailing/url?u=24748&qid=6876996)  
[YouTube Stream](https://nfb.org/civicrm/mailing/url?u=24749&qid=6876996)  
Access our live stream by asking your Amazon device to play "Nation's Blind"

St Patrick's Day is March 17th, 2022

Although the holiday originally started as a Christian feast day celebrating the life of St. Patrick and it is a day of revelry and a celebration of all things Irish. Don’t forget to wear green! Don’t forget to Prepare your corn beef and cabbage and soda bread.

The National Association of Guide Dog Users (NAGDU) and the National  
Federation of the Blind (NFB) are launching a new project to collect video  
stories about Uber and Lyft denials for travelers with service animals. If you were denied a ride by Lyft or Uber because of your service animal anytime between October 1, 2021, and present  
and would like to participate in a recorded Zoom interview, please contact  
the NAGDU board, at 346-439-7444 or [board@nagdu.org](mailto:board@nagdu.org)

GDU will host a town hall on Sunday, February 27, prior to the monthly board of directors  
meeting. During this town hall, we will answer your questions, including why  
we are gathering this information and how to submit your video.  
Date: Sunday, February 27, 2022  
Time: 5 PM Pacific  
Zoom meeting  
Meeting ID: 632 632 5800  
Direct-Connect Link: <https://us02web.zoom.us/j/6326325800>  
1 312 626 6799 US (Chicago)

**Upcoming Webinar: Intro to Assistive Technology**  
We talk about how to implement website accessibility all the time, but  
have you ever thought the different ways that web accessibility  
enables users to access your website?  
  
We invited Assistive Technology Expert and CTO from MicroAssist, Hiram  
Kuykendall, to join us for an "Intro to Assistive Technology"  
<https://go.monsido.com/e/700413/3JDhPPI/cgrsk/456024354?h=HxT56xkO8W9YTeY47vQQZnzPWxakEPGuDsg1ngPwJBs>,

join us live on Wednesday, March 9 at 10am (PT)

<https://go.monsido.com/e/700413/3JDhPPI/cgrsk/456024354?h=HxT56xkO8W9YTeY47vQQZnzPWxakEPGuDsg1ngPwJBs>,  
Save your spot now  
<https://go.monsido.com/e/700413/3JDhPPI/cgrsh/456024354?h=HxT56xkO8W9YTeY47vQQZnzPWxakEPGuDsg1ngPwJBs>,  
 Register now → <https://go.monsido.com/e/700413/3JDhPPI/cgrsh/456024354?h=HxT56xkO8W9YTeY47vQQZnzPWxakEPGuDsg1ngPwJBs>