Dear NFB Chapter members in the Los Angeles area.

At Wayfinder, we are committed to empowering individuals with vision loss to live independently and inclusively. We are excited to introduce our newest Free program tailored specifically for individuals who are blind or visually impaired

The Older Individuals Who Are Blind (OIB) Program is designed to provide personalized support and training to individuals aged 55 and over, with a focus on stimulating independent living, empowerment, and full inclusion. However, individuals under the age of 55 may also qualify for our services.

What can you expect from our OIB Program?

1. \*\*Personalized Instruction:\*\* Each client receives one-to-one instruction based on their unique needs and goals outlined in an individualized service plan.

2. \*\*Comprehensive Training:\*\* Our program covers a range of essential areas including:

 - Low Vision Techniques: Learn to effectively use recommended low vision aids such as filters, writing guides, and more.

 - Adaptive Equipment/Assistive Technology: Get hands-on training with devices like smartphones, tablets, digital labeling, audio recording, and virtual assistants.

 - Orientation and Mobility: Master white cane skills, indoor/outdoor orientation, and navigation techniques.

 - Communication Skills: Learn Grade I Braille, audio recording techniques, and more.

 - Activities of Daily Living: Gain essential skills for meal preparation, cleaning, kitchen safety, medication management, laundry, and more.

 - Self-Advocacy: Access resources and training to develop skills for obtaining necessary support.

 - Adjustment Counseling: Receive guidance and support in adapting to the changes that come with vision loss.

Our OIB Program is available both in-home and at community-based locations throughout Los Angeles County to ensure accessibility for all individuals.

Ready to take the next step towards independence? Simply fill out our interest form.

<https://www.wayfinderfamily.org/program/older-individuals-who-are-blind-oib>

For more information or to schedule a consultation, please reach out to our OIB coordinator.

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We look forward to partnering with you on your journey to independence and empowerment.

Warm regards,

Wayfinder Family Services

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