Hi Everyone,

As you may be aware, many gedolim are suggesting that we work on our shmiras halashon as a *zechus* for Klal Yisroel. Learning two halachos a day is a great way to become familiar with the halachos and to remind you to be careful with what you say. In fact, that is exactly what the gedolim are recommending – to learn two halachos a day.

I realize that those of us who are blind or visually impaired are at a great disadvantage since many shmiras halashon books are not accessible. Therefore, I did some research and found that the Chofetz Chaim Heritage Foundation actually does have a number of available options.

Either you can download the book from their website and click on daily messages to hear two halachos in an audio format. Or you can receive a daily call or Whatsapp audio message with the halachos. You can call CCHF at 845-352-3505 to sign up for either option.

May the zechus of our learning bring the end to all *tzaros* and may we see *yeshuos b’karov.*