# **MPACT Training Menu**

Understanding the IEP Process Understanding the IEP Process for parents of children with ASD Special Education Law **Disagreement Resolution Process** Positive Behavioral Interventions Understanding ADHD How to Write Measurable Goals Parents Facilitate and Youth Take Action Solving the Employment Puzzle Art of Effective Advocacy Is your Child the Target of Bullying Effective Communciation for First Step Families Understanding the IFSP Process Missouri First Steps Parental Rights Transition from Part C to B

# **Fact Sheet Menu**

Developmental Achievement Chart Extended School Year Services FAPE - Free Appropriate Education IEP Components LRE- Least Restrictive Environment Parent Checklist Parent/Guardian Transition Inventory Pre-Meeting Workshop Sample Letter Menu Expressing Appreciation IEP follow Up Letter Initial Evaluation Request Meeting Request Records Request

This is just a small sampling of the over 70 FACT Sheets and Sample Letters MPACT can disseminate in print or through email.

### Where is MPACT?

While our state office is located in Kansas City MO, we also have staff throughout the state to serve parents, family members and youth. To find a staff member in your area, visit us www.ptimpact.org or call our state office toll-free at 1-800-743-7634.



8301 State Line Rd., Ste 204 Kansas City, MO 64114 800-743-7634 or 816-531-7070 www.ptimpact.org info@ptimpact.org

¿Hablo español? Número gratis español: 1-877-782-2360

Missouri Parents Acting for the future of our children.





*To ensure all children with special needs* receive an education that allows them to achieve their personal goals.



**MPACT** is a Parent Training and Information Center that serves children with disabilities, their families and communities throughout the state. We are committed to excellence as we provide FREE special education process and effective advocacy training and disability-specific resources and information to parents, families, and youth.

Whether a parent has just begun the journey of navigating the process of an Individual Family Service Program (IFSP), through which their family and child will receive Early Intervening Services, or the process of an Individual Education Program (IEP), through which their child will receive special education services at a district school, **MPACT** can assist through training and mentoring. **MPACT** is just one phone call away: 800-743-7634.

When you need help to be an effective advocate for your child at school and in the community it makes sense to call **MPACT**! **MPACT** strives

to build a better understanding of how to work with schools and communities through leadership and effective advocacy in every parent who contacts us, raising the quality of our children's lives by acting for their future.

### What Services Do We Provide?

- Training for parents, youth, school staff & professionals
- Direct Assistance to parents and youth through phone and/or email
- One-on-One Mentoring from Parent Mentors
- Appropriate referrals to community based agencies
- Information and Resource dissemination
- Web-base services including an e-newsletter, MPACT Facebook friends group, and a web-site: www.ptimpact.org that provides immediate access to training schedules, information, resources, and online trainings.

## Who is MPACT?

**MPACT**'s staff consists mainly of parents or family members of children with disabilities ranging from young children to young adults. **MPACT**'s board has a majority of members who are parents and family members of children with disabilities and/or are adults with disabilities.

Another integral part of **MPACT** is our volunteers. Volunteers perform a variety of services from manning booths at trainings and resource fairs to mentoring parents by assisting them to prepare for meetings with schools and attending meetings at schools with parents.

# What is an MPACT Mentor?

#### Mentors are trained volunteers who:

- Help parents understand their rights and responsibilities
- Help parents plan and prepare for IFSP or IEP meetings
- Assist parents in record review and organizing their child's information
- Assist parents in documentation and letter writing

## Who can be a Parent Mentor?

- Anyone who has a desire to help others
- Parents, Grandparents, Family Members
- Professionals
- Neighbors
- Adults and Youth who have disabilities

## How can I become a Parent Mentor?

#### **Attend MPACT trainings!**

- MPACT trainings are designed to give you the tools to become a Parent Mentor or a Support Volunteer who is knowledgeable of the special education process.
- Parent Mentors are screened through an application process and when chosen, receive additional Parent Mentor training and supervision from **MPACT** staff