**Sports Zone Menu**

\*All items prepared with no trans fats.

**Appetizers**

Chips & Salsa - $3.99.

Mediterranean Hummus (served with pita and fresh vegetables) - $7.99.

Shrimp Cocktail - $11.95.

Zone Hot Wings (ten traditional Buffalo style chicken wings tossed in our signature hot sauce and served with choice of bleu cheese or ranch dressing. Accompanied with celery and carrots) - $7.50.

Massive Nachos/Pot Roast Nachos (tortilla chips topped with seasoned ground beef, diced tomatoes, black olives, house made queso blanco, guacamole, and sour cream) $8.99 *or* (with seasoned pot roast) - $9.99.

Chicken Quesadilla (tomato basil tortilla loaded with grilled chicken, trinity of peppers, jalapeno, and topped with cheddar cheese. Served with sour cream, guacamole, and salsa) - $8.99.

Tower of Onion Rings (large sweet onions hand cut and dipped in seasoned batter. Fried to a golden brown and served with chipotle ranch) - $4.99.

Chicken Tenders (crispy strips of breaded chicken served with a side of honey mustard *or* tossed in spicy buffalo sauce) - $8.99.

Zone Skillet Chips (homemade potato chips with melted cheese and bacon crumbles stacked in a skillet and topped with cheddar jack cheese, parmiggiano queso, and green onions) - $6.99.

Sweet Potato Fries (basket of sweet potato strips deep fried and served with a side of creamy barbeque horseradish) - $4.99.

**Soups & Salads**

Soup of the day (cup) - $3.50, (bowl) - $4.50.

Crawfish & Shrimp Gumbo (cup) - $4.99, (bowl) - $5.99.

Cobb Salad (mixed greens topped with black olives, crisp bacon, hard boiled eggs, crumbled bleu cheese, cucumber, diced tomatoes, cheddar strips, grilled chicken, and fresh avocado. Served with choice of dressing) - $10.99.

Southwest Salad (fresh fried tomato basil tortilla basket loaded with mixed greens and topped with seasoned ground beef, corn, black beans, jalapenos, diced tomatoes, avocado strips, and cheddar cheese. Served with choice of dressing) - $9.50.

House Salad (garnished with diced tomatoes, shredded asiago cheese, onion, cucumber, and croutons. Served with choice of dressing) - $5.99.

Thai Chicken Salad (grilled chicken strips in a Thai peanut sauce with diced tomatoes, scallions, carrot strips, cheddar cheese, and wonton curls) - $5.99.

**Late Breakfast**

All American breakfast (two eggs cooked to order with two slices of thick cut bacon) - $6.99.

Omelet made-to-order (with your choice of ham, sausage, bacon, onion, sweet pepper, tomato, mushroom, and cheddar cheese) - $8.99.

**Sandwiches**

\*served in a basket with Zone fries

Fried chicken sandwich with buffalo sauce - $8.99.

Beer battered fish sandwich (handmade white fish with tartar sauce) - $8.99.

Philly steak sandwich (tender sliced beef topped with sweet onion, trinity of peppers, and provolone cheese) - $9.50.

Classic club (ham, bacon, and American cheese served with mayonnaise, lettuce, tomatoes, and a side of fresh fruit) - $8.99.

Reuben (corned beef, Swiss cheese, sauerkraut, and Thousand Island dressing on rye bread) - $8.99.

Low fat turkey Reuben (lean sliced turkey breast, fat free Swiss cheese, sauerkraut, and fat free thousand island dressing on rye bread) - $8.99.

**Hamburger Corner**

\*add cheese to any burger for $0.75

Sports Zone Burger (1/4 pound of ground beef with chopped grilled onions) - $5.99.

Vegetarian burger (portabella and vegetable patty served on a Kaiser roll) - $8.99.

Gourmet croissant burger (1/2 pound of Angus beef, grilled to perfection and served on a gourmet croissant bun. Topped with lettuce, tomato, and chopped grilled onions) - $9.99.

Mini black burgers (three mini black burgers served on a toasted gourmet mini Kaiser Roll with lettuce and pickles) - $6.99.

**Entrees**

\*served with house salad, choice of side, and Zone bread

Grilled ribeye steak (10 oz.) - $10.99, (14 oz.) - $14.99.

St. Louis style pork baby ribs (1/2 slab) - $13.99, (full slab) - $17.99.

KC steak - $14.99.

Fettuccini Alfredo (fettuccini noodles tossed in garlic Parmigiano sauce) - $9.95. (Add grilled chicken) - $4.00. (Add grilled shrimp) - $6.00.

Penne primavera (an array of seasonal vegetables sautéed with fresh garlic and extra virgin olive oil, crushed red peppers. Topped with feta cheese and fresh basil) - $12.99.

Char grilled salmon (Thai chili glazed salmon served with rice pilaf and Asian vegetables) - $19.99.

**Sides**

\*Add a side -$2.95.

Cup of fresh sliced fruit

Cup of cottage cheese

Steamed green beans

French fries

Baked sweet potato

Baked potato

Onion rings

Sweet potato fries

Buttermilk zucchini fries