Dealing with Blindness: Tips, Tricks, and the All Important Mindset

1:00 I didn't ask for this, so how can I cope: Shelia Wright, President, National Federation of the Blind of Missouri

1:10 Can I Label and Give Myself Medication? Becky Boyer, Childcare Provider, Successful Consumer and Leader of the Blind

1:20 If I am a Diabetic, can I Check My Blood Sugar and Administer My Insulin and Other Medicens: Debbie Wunder, President, National Federation of the Blind Diabetes Action Network

1:30 How do I Read My Mail and Pay My Bills: Cari Ford, Rehabilitation Teacher, Rehabilitation Services for the Blind

1:40 Who do I Talk with When I'm Stumped: Jenny Carmack, Director of Mission Beam and an Expert in All THINGS RELATING to Special Education

1:50 Services for the Senior Blind: Keith Roderick, Director, Rehabilitation Services for the Blind and a Longtime Friend of the Blind

2:10 Can I Still Cook, Clean and Live on My Own: Rita Lynch, Former Rehabilitation Teacher and Longtime Leader in the National Federation of the Blind of Missouri

2:20 Transportation in My City, My State, and My Country: Dennis Miller, President of the National Federation of the Blind Show Me Chapter and Teacher of English as a Second Language; and Daniel Garcia, President of the National Federation of the Blind of Kansas City and Corresponding Secretary of the Missouri Affiliate

2:35 Can I Be an Active and Reliable Grandparent: Becky Boyer, Grand Parent Par Excellence; Debbie Wunder, Knower and Defender of All Things Family; and Jenny Carmack, the Endearing and Beloved Grandmother of Liam and Bella and soon-to-be Evie

2:55 Starting a Seniors Division: Charlotte Bellmyer, Former President of the National Federation of the Blind of Oklahoma and an Active Member of the Lewis and Clark Chapter

3:10 Questions and answers

3:30 Adjourn