

2019 Summer Programs

The National Federation of the Blind, together with the country's premier training centers for the blind, offer a variety of summer programs for blind and low-vision children and young adults that build blindness skills and encourage independence.

National Programs

NFB BELL Academy

NFB BELL Academy is a two-week-long summer program that prepares blind and low-vision children to be confident and independent adults. They learn Braille and nonvisual skills through fun, hands-on activities in a daytime or residential setting.

Ages: 4 to 12 Dates: Varies Location: Nationwide More Info: <u>nfb.org/bell-academy</u>

NFB EQ

NFB EQ is a week-long summer engineering program for blind and low-vision teens. Participants forge new friendships while increasing their engineering knowledge, problem-solving abilities, self-confidence, and independence.

Grades: 9 to 12 Dates: June 16 to 22, 2019 Location: Baltimore, MD More Info: <u>blindscience.org/nfbeq</u>

NFB National Convention Youth Track

The NFB National Convention is the largest gathering of blind people in the world. Every year, blind youth can participate in a variety of seminars and social activities designed to provide a meaningful convention experience, foster independence, and promote positive attitudes about blindness.

Ages: Varies Dates: July 7 to 12, 2019 Location: Las Vegas, NV More Info: nfb.org/convention

Louisiana Center for the Blind Location: Ruston, LA

Buddy Program

The Buddy Program is an innovative three-week-long program that pairs blind children with positive blind role models, teaches them alternative techniques, and includes fun activities such as swimming, tandem biking, and horseback riding. **Grades:** 4 to 8

Dates: July 21 to August 10, 2019 More Info: louisianacenter.org/buddyprogram

STEP Program

The eight-week-long Summer Transition and Empowerment Program (STEP) introduces blind teens to the alternative techniques of blindness and workplace readiness skills through a paid internship. By interacting with mentors and peers (including during the NFB National Convention), students acquire the skills and attitudes necessary for living independently and productively.

Grades: 9 to 12

Dates: June 16 to August 10, 2019 More Info: <u>louisianacenter.org/step-program</u>

BLIND, Inc. Location: Minneapolis, MN

Buddy Program

In the Buddy Program blind children learn important skills, embrace the empowering attitudes and philosophy of the National Federation of the Blind, and explore the wonderful and fun Twin Cities.

Ages: 9 to 13 Dates: June 9 to 29, 2019 More Info: <u>buddy.blindinc.org</u>

PREP

The Post-Secondary Readiness and Empowerment Program (PREP) is an eight-week-long summer program for blind teens where they learn new skills and become better prepared to attend college and transition into the workforce. **Grades:** 9 to 12

Dates: June 8 to August 3, 2019 More Info: prep.blindinc.org

STYLE

The Summer Transition Youth Learning Experience (STYLE) program offers three separate five-day-long sessions for high school students where they learn new skills, gain confidence, and have fun throughout the summer. Attend one, two, or all three sessions.

Ages: 14 to 21

Session 1: July 15 to 19, 2019; Session 2: July 22 to 26, 2019; Session 3: July 29 to August 2, 2019 More Info: <u>style.blindinc.org</u>

Summer College Comprehensive Program

This program is designed with the busy college student in mind. Participants enhance their blindness skills and increase their confidence during one or more summer programs at BLIND, Inc.

Ages: High school graduates (18 years and older) Dates: June 1 to August 10, 2019 More Info: college.blindinc.org

Colorado Center for the Blind

Location: Littleton, CO

Challenge and Adventure

In this program, students can run in a 5K race, play goalball and hockey, learn self-defense, and go canoeing. They can also try yoga, gymnastics, and develop an exercise routine. They learn how to prepare delicious foods and how to maintain a nutritious diet.

Ages: 11 to 21 Dates: June 21 to 30, 2019 More Info: cocenter.org/our-programs/summer-youth

Confidence Camp

This two-week-long day program is filled with learning, challenges, and fun. Children meet blind role models and focus on cooking, cleaning, Braille, independent travel, and technology. They also have fun swimming, rock climbing, making a tactile art piece, and going on exciting field trips. Ages: 5 to 10 Dates: June 10 to 21, 2019 More Info: cocenter.org/our-programs/summer-youth

Cracking the College Code

In this program, blind students develop the skills they need to be successful in college. They learn about accessible tools and strategies for chemistry, biology, statistics, robotics, and more. In addition, they learn how to practice self-advocacy and learn how to navigate the landscape of higher education. **Ages:** 16 to 21

Dates: July 18 to August 2, 2019 **More Info:** <u>cocenter.org/our-programs/summer-youth</u>

Module Madness

For those interested in a shorter program, the Colorado Center offers three different modules throughout the summer. In all three modules, students live in an apartment with other students and a counselor, and build core skills in Braille, technology, home management, and cane travel.

Ages: Varies Dates: Varies

More Info: cocenter.org/our-programs/summer-youth

No Limits to Learning

In this eight-week-long residential program, students live in an apartment and meet blind people who work in all kinds of jobs. They participate in rock climbing, goalball, white water rafting, and more. They also build core skills in Braille, technology, home management, and cane travel, and attend the NFB National Convention.

Ages: 14 to 21 Dates: June 7 to August 2, 2019

More Info: cocenter.org/our-programs/summer-youth

World of Work

In the World of Work program, students travel to the Denver metro area via bus and light rail to meet with blind people who work in a variety of professions. They develop confidence, practice their interviewing skills, and put together a résumé.

Ages: 11 to 21 Dates: June 7 to 21, 2019 More Info: cocenter.org/our-programs/summer-youth