Purpose of the Apple Watch

Health Device records physical progress

Activity tracker

Rings

Move Ring: how many active caleries burned

Green Ring: how many brisk minutes activities

Blue Ring: how many times stood and moved per hour.

Measurements are customizable.

Activity APP on watch

How much you’ve moved and stood

Check activity hx.

Set activity reminder

Sharing activity with friends

Set celery burn for the day, core burn

Different versions

Apple 6: $399 40-44 mm.

Water resistant Family set up, pair watch, fall detection, noises monitreing, SOS, altimeter, measure elevation, compass, GPS, text replies, microphone/speakers, Siri assistant and voiceover, music, menstrual cycls, ristbans are exchangeable (plastic, metal ect). Wi-Fi for an added fee.

Oxomiter, breathing and blood circulation =series 6 mixed reviews on accuracy.

Celular version costs more each month

Apple Fitness Plus Service powered by Apple

Choose programs, heartrate, caleries burned Not Yet very accessible.

9.99 per mo or 79 per year

Trade in program

Apple series 4 get $150 if in good good condition.

Voiceover gestures

Crown

Doc

Roter

Speak rist raise: watch wakes up & reads, usually time. Arm down; screen stops.

Basic voiceover gestures:

Touch middle of screen tells time

In each corner, four complicationsGo to each quadrin.

Next gesture: double tap to activate. Ex. Weather gives more information. Move to next or previous item.

Press digital crown button: on right side of watch; round to press or twist to move thru items. Press digital crown button to go to list of items

Doc Button: recent items used

Roater: 2 finger gesture like on the iphone

Not a lot of headings on the watch.

Double tap on control center: Ex. Connects to iphone, water lock turn on protects from water damage. Use crown button a bunch of time to unlock water lock button.

Control Center uses the finger-slide method justlike the new iphone

Theatere mode:

Turn watch into flashlight

Walki-talki mode

Track sleep

Announce messages

Notification Center:

Touch top edge of screen..

Taptic Time

Turn on & off

When screen off: turn tap three times. Long vibrations: ten hour intervals Ex. 11 PM= long vibration & a short vibration

Smart Appliances

Smart Lights, Smart TVs, Smart contioners. You can control them from the watch. I can get the status from the watch. Apple TV, play/pause. \*Remote App not accessible w/ voiceover.

Explanation with the Watch Face

Ping My IPhone Feature: tap on time, swip time, double tap on – center and the iphone pings

Watch face: highly personalized way of the apple watch looing & provides the functions you need.

There’s a face gallery in the watch app. More than one at a time.

Customize the face via the phone or the watch.

Complications display apps in any display/way you want.

Ex: Watch face on breath

Iphone Watch App

How you would initially set up the watch

Bottom of app is 3 taps My watch, face gallery, & face tab

My Watch Tab: all watches, Lisa’s watch, search field & search for setings (similar to iphone settings) Lists watchfaces.