

What is LIFE?

- 5 week residential training program
- For high school-aged blind and vision impaired youth
- Provide basic training in the skills of blindness
- Help students become responsible for their lives
- Begin to explore employment goals
- Provide an opportunity to gain real world work experience or a class based college experience
- Participate in physical fitness and confidence building activities
- Develop positive attitudes about blindness
- Have LOTS of fun!

Dates to remember for LIFE

- Application Deadline: June 5, 2015, or until program is full
- Program Begins: 1:00 p.m., July 12, 2015
- Program Ends: 12:00 p.m., August 14, 2015
- Student/parent meeting with staff: 8:15 - 10:00 a.m., August 14, 2015
- Graduation Ceremony: 10:00 a.m., August 14, 2015

“All I have to say is that this Program was the best summer program I’ve ever been a part of.”

~ LIFE 2014



VIRGINIA
REHABILITATION CENTER
FOR THE BLIND AND VISION IMPAIRED

Live The Life You've Imagined ...

**401 Azalea Avenue,
Richmond, VA 23227**

www.vrcbvi.org

804-371-3151

Twitter: @VRCBVI_Strong

Facebook: VDBVI

Are You Ready For The
Adventure That Is



LEARNING
INDEPENDENCE
FEELING
EMPOWERED

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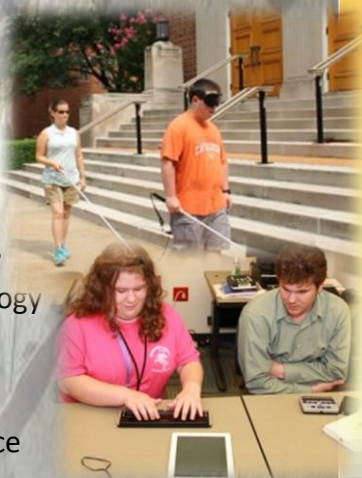
Your Daily LIFE

Classes

- Travel
- Braille
- Cooking
- Keyboarding
- Physical Fitness
- Access Technology
- College 101
- Job Readiness
- Work Experience
- Conversations about Blindness

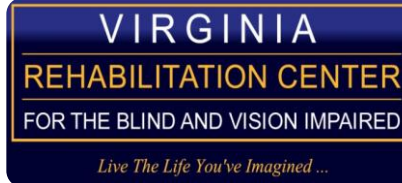
Confidence Building Activities

- High Adventure course
- Formal dinner/dance
- Rock Climbing
- You "AUTO" know
- Movies
- Grilling
- Hiking
- Richmond Flying Squirrels
- Whitewater rafting
- Swimming
- And much, more!



"The instructors inspired me and challenged me significantly, and most importantly, they reminded me of what I'm capable of doing."

~LIFE 2013



Work Experience

Working part-time in a community-based setting during the last two weeks of LIFE. ** In some instances staff will recommend that a student continue to focus on blindness skills (Travel, Braille, Access Technology, and Cooking) during the last two weeks of the program.

Requirements for LIFE

- At least 14 years old and
- Returning to high school in the fall of 2015
- Have an open case with the Department for the Blind and Vision Impaired (DBVI)
- Actively participate in all five weeks of the program
- Participate in a program that is group structured
- Be able to take care of his/her own personal care needs
- Have a valid State of Virginia ID card

What is the application process for LIFE?

- Contact Daniel Ashman, (804) 371-3339, or daniel.ashman@dbvi.virginia.gov, who will assist you with contacting the student's Vocational Rehabilitation (VR) Counselor, and beginning the application process.
- VR Counselor submits a **complete** application packet to the Center by June 5, 2015, or until the program is full.
- Student and parent participate in a phone interview with VRCBVI staff.
- After the **completed** application has been reviewed, the VR Counselor and parents are notified within one week whether the applicant is accepted. Hurry! Only twenty-two participants will be accepted into the program. Applicants accepted after the program is full will be placed on a waiting list.

For additional information about the LIFE Program or to schedule a tour of VRCBVI, contact Daniel Ashman, Activities and Special Projects Coordinator, (804) 371-3339, or daniel.ashman@dbvi.virginia.gov