**Virginia Rehabilitation Center for the Blind and Vision Impaired**

**Annual Family, Friends, and Beyond Day**

**CONNECTING THE DOTS:**

**FINDING AND ACCESSING RESOURCES TO HELP YOU LIVE THE LIFE YOU’VE IMAGINED!**

Open to anyone who is blind or vision impaired, or anyone who has a family member or friend who is blind or experiencing vision loss and wants to learn how they can help.

**When:  Saturday, October 24, 2015, 9:00 AM -- 4:00 PM**

**Where:  Virginia Rehabilitation Center for the Blind and Vision Impaired**

**401 Azalea Avenue, Richmond, VA 23227**

Have you wondered how or if blind people could do ballroom dancing, yoga, bike riding, marathon running, or other recreational activities?  What kinds of jobs are blind people doing?  What are the latest developments in technology for the blind?  How do blind parents take care of their children independently?  What peer support groups are out there, and how can you benefit from becoming active in one?

Whether you have been blind or vision impaired for many years or have only recently been diagnosed as legally blind, whether you have participated in the VRCBVI training program or not, the 2015 VRCBVI Family, Friends, and Beyond Day has something for you!  Come and meet successful blind people who are engaged in their communities and work. It will be an exciting time to focus on what you can do rather than what you can’t see.

This activity is free to participants.  A cookout lunch will be available to all who come for just $3.00 per person (no charge for children under the age of 12).

Visit our website at [vrcbvi.org](file:///C%3A%5CUsers%5Chwb69294%5CAppData%5CLocal%5CMicrosoft%5CWindows%5CTemporary%20Internet%20Files%5CContent.Outlook%5C7D8BT6IA%5Cvrcbvi.org), and a finalized agenda will be posted by October 1, 2015.

**RSVP by Tuesday, October 20, 2015, by calling (804) 371-3151 to let us know that you plan to attend and how many people will be in your party.**

***This year's event is going to be the most exciting and informative one yet!***

Come prepared to have fun, meet new friends, catch up with friends you haven’t seen in a while, learn a lot, and get involved in activities you love to do!