

# MIGHTY MONARCHS

The Mighty Monarchs Adapted Sports Program is a community-based adapted sports program for youth with physical & sensory disabilities. Held on the campus of ODU, this program will offer the opportunity for youth with visual impairments to participate in adapted sports (e.g. judo, goalball), on a bi-weekly basis, throughout the school year. The mission of Mighty Monarchs Adapted Sports Program at ODU is to empower youth with visual impairments to be physically active members of their schools and communities. We look forward to seeing you on Saturday!

**WHO:** Youth with visual impairments (wheelchair sports beginning fall 2017)

**WHEN:** Saturday Mornings (1/28, 2/11, 2/25, 3/11, 3/25, and 4/22)

**WHERE:** Old Dominion Student Recreation Center

**TIME:** 10 AM to 12 PM

**COST:** \$5 per session, or \$25 for all of them

**AGES:** Children 8-18

**REGISTRATION:** <https://goo.gl/forms/dzjgo6cWEPsamWwC3>

More Information Contact:

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