

[Breakfast]

Breakfast Buffet

JUMP START BUFFET

Whole and fresh cut seasonal fruit, cold cereal, granola, fresh bakery selections, cream cheese, butter and jams, sliced smoked salmon with capers, red onion, sliced tomato, assorted sliced cold meat and cheese of the day, selection of juices, milk, fresh brewed Starbucks® coffee and assorted Tazo® teas

COMPLETE START BUFFET

Add to the Jump Start Buffet scrambled eggs, bacon, sausage, breakfast potatoes, steel cut oatmeal, and the chef's hot selection of the day

Breakfast Entrée

GRILLED VIRGINIA HAM AND EGGS* 14.00

Organic eggs done your way, crispy hash browns, grilled Virginia ham and choice of toast

TWO EGGS ANY STYLE* 12.00

Let us know your favorite style of eggs served with hash brown potatoes and choice of toast

THE TYSONS 15.00

Two eggs any style with hash brown potatoes, your choice of breakfast meat and toast, bagel or English muffin

CRAB CAKE BENEDICT* 16.50

Poached organic eggs, Virginia ham on an English muffin with hollandaise served with hash brown potatoes and choice of bacon or sausage


EGGS FLORENTINE 15.50

Poached organic eggs, wilted spinach on an English muffin with hollandaise served with hash browns and choice of bacon or sausage


OMELET YOUR CHOICE* 15.50

Three egg omelet with choice of white diced onions, peppers, mushrooms, spinach, jalapeños, tomato, cheddar cheese, served with hash brown potatoes and choice of toast


EGG WHITE AND YOUNG SPINACH OMELET 15.00

Folded with sautéed onions and low-fat cheddar cheese, mini tomato and arugula salad and choice of toast 

GRILLED CHICKEN PANINI* 15.50

Egg whites scrambled, pepper jack cheese, whole wheat bread, cured tomatoes and arugula salad 

EGG WHITE AND TURKEY WRAP* 15.50

Egg whites scrambled, spinach, tomatoes, cheddar cheese in a white flour tortilla, mini tomato and arugula salad 


BREAKFAST SANDWICH* 13.00

Two fried eggs, applewood smoked bacon, sliced tomatoes, cheddar cheese served on sourdough bread with breakfast potatoes

SMOKED SALMON AND TOASTED BAGEL 14.00

Sliced beefsteak tomato, red onion, capers, hardboiled egg, cream cheese

ORANGE GRANOLA YOGURT PANCAKES 14.75

Mixed berries, orange, maple syrup and whipped butter 

MALTED ALMOND WAFFLES 14.00

Served with warm strawberry Romanoff, whipped cream and warm maple syrup

BUTTERMILK PANCAKES 13.00

Served with warm maple syrup


Breads + Pastries

Fresh croissants, blueberry muffins and slices of breakfast loaf breads 8.00


Nine-grain, rye, white, raisin or sourdough bread or English muffin 6.00

Cereals

BERRY, APPLE AND GRANOLA MUESLI 10.00

Low-fat vanilla yogurt, banana, walnuts and pomegranate berry essence 

STEEL CUT CINNAMON SCENTED OATMEAL 10.00

Green apples, walnut and honey drizzle 

Selection of Cold Kellogg's® Cereals 6.00

Side Orders

One Single Egg 5.50

Seasonal Berries and Yoplait® Yogurt 9.00

Toasted Bagel and Philadelphia® Cream Cheese 7.00

Choice of Applewood Smoked Bacon, Breakfast Sausage, Turkey Sausage, Virginia Ham or Canadian Bacon 7.00

Hash Brown Potatoes 5.50

Half Sectioned Grapefruit 5.50

Market Fresh Fruit and Berries 9.00

Single Buttermilk Pancake 5.00

Nonfat or fruit yogurt 2.00

Westin Fresh by The Juicery

Westin Fresh by The Juicery offers a menu of nourishing, revitalizing juices and smoothies curated by the experts at The Juicery.

Beetroot, acai, pomegranate, spinach & coconut water 6.50

Carrot, orange, ginger, turmeric & mango 6.50

Raspberries, strawberries, mint, rosewater, dates & almond milk smoothie 6.50

Kale, spinach, banana, mango & cinnamon smoothie 6.50

Coffee + Tea

FRESHLY BREWED STARBUCKS® BLEND COFFEE

Regular or decaffeinated 5.50

SPECIALTY COFFEES

Espresso 2.00

Cappuccino 3.50

Caffe latte 3.50

SELECTION OF TAZO® TEAS 5.50

English Breakfast, Green, Passion, Chamomile, Earl Grey, Sweet Orange, Mint

Orange, Grapefruit, Apple, Cranberry, Pineapple, V8® or Tomato Juice 5.00


Whole, 2%, Skim, Soy or Chocolate Milk 5.00



Indicates SuperFoodsRx™ dishes, which specifically pair whole foods to boost their nutritional benefits and their flavors. Antioxidant rich and naturally low in calories, superfoods are known to improve well-being and longevity.

Service charges and government taxes are additional.

* Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of food-borne illness.

™  "These nutritional powerhouse foods can help extend your health span – the extent of time you have to be healthy, vigorous and vital." – Dr. Steven Pratt, author of SuperFoodsRx: Fourteen Foods That Will Change Your Life.

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