**Minutes for the April 12th Meeting of the Potomac Chapter**

The Potomac Chapter was called to order at 7:05 by Deepa Goraya

Minutes by Sarah Patnaude

The icebreaker was what was your favorite book and movie from the past year

Moment of silence

The NFB pledge was led by Patti

The March 8, 2018 Minutes were approved

The Treasurer's report was read by Deepa in Sean's absence

The beginning balance was $1196.59

The ending balance was $1951.59

Due to not having a quorum, elections will be moved to the May meeting

We had a guest speaker, Deepa’s personal trainer, Scott Smith. Scott discussed how Rockstar Global Fitness is looking to start a new group working with blind clients. Rockstar Global Fitness utilizes client focused workouts and has a motto of "no limitations." Scott explained that Rockstar Global Fitness offers massage therapy as well as personal training and both services can be brought to your house.

Philosophy discussion was led by Tracy.

Patti read a short story, which was followed by a discussion. Members in attendance reflected on how they handle situations where people are overly helpful and do not respect boundaries. The consensus was that while we all experience moments of frustration at some point, most people are simply uneducated on blindness and we need to choose our battles.

National convention update

Convention will be held at Rosen Shingle Creek from July 3rd to July 8th. Virginia will assist with Hospitality along with the Iowa and Florida Affiliates. Hospitality will include refreshments. Members are needed to staff hospitality suite on July 3rd and 6th.

On July 2nd, we are handing out agendas.

Virginia will also have a table to sell products.

Contribution to national Funds

Members in attendance voted for the Potomac Chapter to contribute the same amount as last year

Alexandria Chapter Descriptive Video Seminar

Announcement was made for those interested in attending and/or volunteering. No date has been set.

The Potomac Chapter Auction will be on June 2nd. Stayed tuned for more information.

Presidential Release

Announcements

Tracy announced there is an annual Film festival, the Real Abilities Film Festival, and asked members if there is interest in having one of our films on blindness shown next year. Members displayed interest.

The NFBV May Board meeting will be held on May 19th at VRCBVI. Please e-mail John if interested in attending.

Adjourned at 8:46