**ARLINGTON CERT ONLINE66y67 COURSE SYLLABUSES, Tentative rev3Aug2020**REFERENCES:  
  
2019 CERT Basic Training Materials (English, Spanish, Chinese, Korean, Vietnamese)  
<https://www.ready.gov/cert>

2019 CERT Basic Training Participant Manual (English)  
<https://www.ready.gov/sites/default/files/2019.CERT_.Basic_.PM_FINAL_508c.pdf>

2019 CERT Basic Training Participant Manual (Spanish)  
<https://www.ready.gov/sites/default/files/2019.CERT_.Basic_.PM_.FINAL_.Spanish.508c.pdf>  
 **ARLINGTON CERT ONLINE66 COURSE SYLLABUS, Tentative**

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| **DaDates** | | **Topics** |
| Immediately | | Register in VolunteerHub, the ACEM Volunteer Management System <http://cert.readyarlington.volunteerhub.com/> |
| Immediately | | Register for FEMA Student ID (FEMASID): <https://cdp.dhs.gov/femasid> |
| NLT 31 Aug 2020 Required | | Complete IS-0100.c Introduction to the Incident Command System <https://training.fema.gov/is/courseoverview.aspx?code=IS-100.c> Put Certificate into your VolunteerHub registration (Spanish version not available. Will be covered in class.) |
| NLT 31 Aug 2020 Required | | Complete IS-700.b Intro to the National Incident Management System <https://training.fema.gov/is/courseoverview.aspx?code=IS-700.b> Put Certificate into your VolunteerHub registration (Spanish version not available. Will be covered in class.) |
| Optional, But Recommended | | IS-317.A Introduction to CERT (About 4 hours.) <https://training.fema.gov/is/courseoverview.aspx?code=IS-317.a> |
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| **Class #** | **Dates** | **Topics** |
| 1 | Wednesday  9 Sep 2020  7:00-9:00PM (1900-2100) | Welcome – Arlington County Emergency Management (ACEM) Class Expectations – Les Garrison Zoom Navigation – Chasta Piatakovas ?? VolunteerHub Questions – Rachel Ingersoll Instructor & Student Introductions - Instructor ?? CERT equipment for personal care - Instructor ??  Note: IS100 & IS700 Required in VolunteerHub  For next class: - Unit 1. Disaster Preparedness.  2019 CERT Basic Training Participant Manual  - Phonetic Alphabet and Numbers |
| 2 | Saturday  12 Sep 2020  9:00AM-Noon  (0900-1200) | CERT Communications – Nathan Shepherd Unit 1. Disaster Preparedness - Instructor ?? CERT Pack - Instructor ?? CERT PPE - Instructor ??  For next class:  - Unit 2. 2019 CERT Basic Training Participant Manual. FireSafety&U - Unit 3. 2019 CERT Basic Training Participant Manual. MedOps1 |
| 3 | Wednesday 16 Sep 2020 7:00-9:00PM  (1900-2100) | Unit 2. Fire Safety & Utilities Controls - Instructor ??  Unit 3. Life Immediate Threatening Conditions - Instructor ??  Intro to STaRT Triage (Modified)  For next class:  - Unit 3, 2019 Participant Manual. MedOps1.  - Unit 4, 2019 Participant Manual. MedOps2.  - Recovery Position Video. Practice with a buddy. <https://www.nhs.uk/video/Pages/recovery-position.aspx>  For next class: Units 3 & 4. Participant Manual. |
| 4 | Saturday  19 Sep 2020  9:00AM-Noon (0900-1200) | STaRT Triage (modified)  Duct Tape Triage System for Documentation – Les Garrison  Unit 3 & 4. MedOps 1 & 2 Wound Care - Instructor ??  DCAP-BTLS – Instructor ??  Note:  A. Unit3. MedOps1 Triage Slide Deck 200515.  B. Triage Management System - Duct Tape Triage System (DTTS)  For next class: Unit 5. Disaster Psychology |
| 5 | Wednesday  23 Sep 2020  7:00-9:00PM  (1900-2100) | Unit 5. Disaster Psychology – Sue MacLane  For next class:  - Unit 2. CERT Organization. Participant Manual  - Unit 7. Light Search & Rescue. Participant Manual |
| 6 | Saturday  26 Sep 2020  9:00AM-Noon (0900-1200) | Unit 2. CERT Organization. – Eric McCleaf & Kim Benoit  Unit 7. Light Search and Rescue – Carl Lettow & Douglas Kinney?? ABCD Building System Transports Lifts & Carries Damage Assessment  For next class: - Unit 8. Terrorism (Awareness). Participant Manual - Written Exam Intro |
| 7 | Wednesday  30 Sep 2020  7:00-9:00PM  (1900-2100) | Unit 8. Terrorism (Awareness). Alex Rothenburger & Sgt Kevin Riley  Setup for Final Day |
| 8 | Saturday  3 Oct 2020  9:00AM-Noon (0900-1200) | Written Exam Review – Instructor ??  Neighborhood CERT Team Leader Introductions Intro to Additional Training  Survey |
|  | **IN-PERSON TRAINING AT ACFD FIRE TRAINING ACADEMY (FTA)** | |
| 8 | Wednesday  Date – TBD 7:00PM-10:00PM (1900-2200) | IN-PERSON 7:00-10:00PM (1900-2200)  ACFD Fire Training Academy (FTA)  PPE issue and setup  Triage Demonstration  Triage Management System (“Duct Tape Triage System”) MCI (Kitchen) Triage Practice |
| 7 | Saturday  Date – TBD  9:00AM-3:00PM  (0900-1500) | IN-PERSON 9:00AM-3:00PM (0900-1500)  ACFD Fire Training Academy (FTA)  Mass Casualty Incident (MCI1) Fire Suppression Practice Utilities Shutoff Mass Casualty Incident II Light Search & Rescue (LS&R) Demonstration of Leveraging and |
| 8  FIN  EX | Saturday Date – TBD  9:00AM-3:00PM  (0900-1500) | IN-PERSON 9:00AM-3:00PM (0900-1500)  ACFD Fire Training Academy (FTA)  Final Exercises (MCI, LS&R, Triage Quiz, Radio Exercise, Damage Assessment) Makeups Possible: Fire Suppression with Extinguishers.  Graduation. Cake. Issue backpacks. |

**SPANISH LANGUAGE ARLINGTON CERT ONLINE67 COURSE SYLLABUS, Tentative**

Class Day DATES TIME  
1 Wednesday 28 October 7:00PM-9:00PM (1900-2100)  
2 Saturday 31 October\* 9:00AM-NOON (0900-1200) \*Halloween

3 Wednesday 4 November 7:00PM-9:00PM (1900-2100)

4 Saturday 7 November 9:00AM-NOON (0900-1200)

5 Wednesday 11 November\* 7:00PM-9:00PM (1900-2100) \*Veteran’s Day

6 Saturday 14 November 9:00AM-NOON (0900-1200)

7 Wednesday 18 November 7:00PM-9:00PM (1900-2100)

8 Saturday 21 November 9:00AM-NOON (0900-1200)

8.1 Saturday 21 November NOON-2:00PM (1200-1400) IS-100 & IS-700

(Because **IS100 & IS700 are not provided in Spanish**, we will devote 1 hour to each for those who have not been able to do them in English.)

**ARLINGTON CERT BASIC TRAINING ONLINE66 &**

**ARLINGTON CERT BASIC TRAINING ONLINE67 (SPANISH LANGUAGE)   
Fall 2020 (rev20200724)**

**Program of Instruction, Administration, and Syllabus Version 1**

**ARLINGTON CERT BASIC TRAINING COURSE MANAGERS**.ArlCERT Coordinator: Les Garrison [CERTArlingtonVA@gmail.com](mailto:CERTArlingtonVA@gmail.com) C703-967-4291

ArlCERT Registrar: Kiley Tibbetts [CERTArlingtonVA.App.Registrar@gmail.com](mailto:CERTArlingtonVA.App.Registrar@gmail.com)

**FOR MORE INFORMATION OR TO JOIN A CLASS**: If you have not yet done so, please go to:  
<https://emergency.arlingtonva.us/get-involved/cert/>. Click “**Request Info About CERT**” & submit form. The ArlCERT Registrar will then send you more information and an application form that must be signed and returned in order to be accepted for training.  
  
**VOLUNTEERHUB**. This is the volunteer management system administered by Arlington County Emergency Management (ACEM). All CERT applicants will be advised to register in this system before selection for training.  
  
**PURPOSE**. The purpose of the Arlington CERT is to save lives and reduce injuries in major disasters in Arlington, VA, when activated by Arlington County Emergency Management (ACEM). In less-than-major disaster situations, Arlington CERT trained persons, acting as Good Samaritans, can save lives and reduce injuries wherever they may be.  
 **ELIGIBILITY**. Arlington CERT Basic Training (CBT) is open to anyone 18 years of age or older who lives, works, or attends school in Arlington, VA. For all in-person training, students aged 14 – 17 can attend if accompanied by a parent, guardian, or other parent-selected adult with a signed release and assignment of responsibility. Online CERT Training can be done by anyone 14 or over, although parental monitoring is recommended but not required. However, the in-person portions of the hybrid online & in-person training are limited to those who are 14 and over, with parental assignment of responsibility.

**You can also attend if we have space available**, even if you do not live, work, or attend school in Arlington. Please use the form at <https://emergency.arlingtonva.us/get-involved/cert/> for more info.

**COURSE OVERVIEW.** CERT Basic Training (CBT) is intended to make communities more resilient. By definition, during a major disaster, formal emergency services will be delayed in helping some of those in need. Delays can have many causes, such as communications outages, the sheer number of casualties, or other reasons. CERT Basic Training (CBT) covers basic skills and mind-sets that are important for incidents of all sizes. With training, practice, and by working as teams, you will be better able to protect yourself, your family, and others, and to do the greatest good for the greatest number of people.

**COURSE CONTENT**. Arlington CERT Basic Training covers basic disaster preparedness, fire safety, light search and rescue, disaster medical operations, terrorism awareness, CERT team organization, communications, disaster psychology, communications, leadership, and more. Arlington CERT uses the standard FEMA CERT 2019 Curriculum, with additions and modifications for local requirements.

**NOTE: COMPLETELY IN-PERSON, ON-SITE CERT BASIC TRAINING COURSES** AT THE FIRE TRAINING ACADEMY (FTA) will not be held until a time which cannot yet be determined. Class Online66 is scheduled to start Wednesday, 9 September 2020 and Class Online67 (Spanish Language) is scheduled to start Wednesday, 28 October 2020. These two courses run for 4 weeks each, with 1 Wednesday and 1 Saturday per week. A total of 8 sessions, totaling about 20 hours of training.

**INPERSON TRAINING FOR CLASSES ONLINE66 AND ONLINE67 (Spanish Language)**

When it becomes possible, the Arlington CERT will provide about fifteen (15) hours of in-person, practical training at the Arlington County Fire Department (ACFD) Fire Training Academy (FTA).   
  
**REQUIRED SELF-STUDY COURSES.** Two free FEMA online courses. ~1 hour each. Links are in the syllabus. Should be completed before the course starts and certificates should be uploaded on VolunteerHub <http://cert.readyarlington.volunteerhub.com/> and sent to [CERTArlingtonVA.App.Registrar@gmail.com](mailto:CERTArlingtonVA.App.Registrar@gmail.com).

**ONLINE SESSIONS** via Zoom. The Arlington CERT Coordinator will send link to the online session. If Zoom, a free application, is a hardship for you, kindly inform the Arlington CERT [Course Managers](#_top). Sessions will start and end on time.  
  
**OPTIONAL ONLINE CERT BASIC TRAINING COURSE** with the **University of Utah**.  
 Register for the free online course at [www.OnlineCERT.org](http://www.OnlineCERT.org), using the version **labeled 2020**, NOT Version 2.1. This “2020” course is based on the FEMA CERT curriculum version labeled 2019.

The course works in most common browsers with some caveats. On mobile devices, Chrome is recommended. The videos require Javascript.

**CERT BASIC TRAINING PARTICIPANT MANUAL READING**.

For each unit of the course, the corresponding section in FEMA’s CERT Basic Training Participant Manual (2019) must be read or scanned in advance.

Download the 2019 CERT Basic Training Participant Manual. Go to <https://www.ready.gov/cert> then go to **2019 CERT Basic Training Materials**. This URL gives you access to all of the 2019 materials, including manuals and FEMA standard CERT slide decks, instructor manuals, etc.  
 **DON’T PRINT THE MANUAL**. We can get free hard copies from FEMA in English and Spanish. Ask the Coordinator.  
 CAVEAT: Due to local requirements, all CERTs have training which differs from the FEMA national standard course. Kindly, do not be surprised when training differences occur and when the course does not follow the FEMA outline.

**IN-PERSON SKILLS INSTRUCTION AND PRACTICE**. We possible, we will have one evening and two Saturdays for practicing skills and teamwork. These days will be at the ACFD Fire Training Academy (FTA). Required attire: Long pants, long-sleeved shirt, closed toe shoes. PPE.\* (See last page)

**IN-PERSON, ON-SITE FINAL EXERCISES AND GRADUATION**. When it becomes possible.

Final exercises are “no-fail” activities where we practice teamwork, skills, and mindset.  
 After Final Exercises, graduation and presentation of CERTificates of Completion takes place.  
 Scheduling is uncertain and will only be done in accordance with official guidelines.

**ARLINGTON CERT BASIC TRAINING PPE AND NEIGHBORHOOD CERTs.  
  
\* PERSONAL PROTECTIVE EQUIPMENT (PPE) AND SUPPLIES**.

The Arlington CERT purchases PPE and supplies in bulk, out of pocket, so that each trainee can get the necessary material for under $75. If you cannot afford to reimburse for CERT supplies and equipment, you should let the Coordinator know in advance. Donors have provided a limited amount of equipment, which we can provide to those who need it.  
 The Arlington CERT issues safety vests and backpacks, without reimbursement from the trainee. These items are kept by trained CERT Teammates for the duration of their active status with the Arlington CERT.

**WHY JOIN YOUR NEIGHBORHOOD CERT AND REMAIN ACTIVE**. There are 9 Arlington CERT Neighborhoods. In the event of an incident, CERTs are trained to take care of themselves, their families, their neighborhoods, and then beyond. Until formally activated by Arlington County Emergency Management (ACEM), we can serve as Good Samaritans, if we opt to do so. Once activated, we serve in teams to save lives and reduce injuries. We also foster disaster preparedness in support of Arlington County Emergency Management (ACEM) and our own Outreach programs.

**REQUIREMENTS TO BE AN ARLINGTON CERT NEIGHBORHOOD CERT TEAMMATE**.   
1. Complete all training, either the combined online/in-person syllabus or, when it resumes, the training conducted entirely in-person, on-site at the Fire Training Academy.  
2. Pass a background check. A copy of the front and back of your driver license, and a request for a background check, will be required.

3. Take two FEMA online courses and provide your course certificates to the [course managers](#_top).

4. Due to COVID-19, persons who complete all of the online portion of the training will be considered full Teammates of the Arlington CERT, with that condition that they complete the in-person elements of training when possible.  
  
**OPTIONAL UNIVERSITY OF UTAH ADDITIONAL COURSE AVAIALABLE**.

Online CERT 2020 Course (English or Spanish) [www.OnlineCERT.org](http://www.OnlineCERT.org)  
 Also, online Neighborhood Emergency Response Planning (NERP)  
 <https://medicine.utah.edu/rmcoeh/about-us/outreach/nerp.php>