

STUFF THE COACH!

At the Valley Health Community Wellness Festival
— Support the Blue Ridge Area Food Bank —



Most Needed Foods:

- Cereal
- Peanut Butter
- Canned Meats
- Canned Soups & Stews
- Canned Fruits/Veggies
- 100% Juice
- Boxed Mac & Cheese
- Spaghetti Sauce
- Pasta & Rice
- Paper Products

No glass please!

Also collecting pet food for our four-legged friends!



Food items will be collected at Valley Health's Mobile Coach in the mall parking lot and inside at festival headquarters.

From July 2021-June 2022, the Blue Ridge Area Food Bank distributed 24.9 million pounds of food, the equivalent of 20.8 million meals, to people in need.

Valley Health Community **WELLNESS** *Festival*

Saturday, February 25

10 A.M. to 4 P.M.

Apple Blossom Mall, Winchester, VA

www.valleyhealthlink.com/wellnessfestival

ValleyHealth
Healthier, together.