

BLIND INDUSTRIES & SERVICES OF MARYLAND

# INDEPENDENCE

## 2010



**June 20 – August 1**

**For Blind and Low Vision High School Students**

### **What is Independence 2010?**

Independence 2010 is a six-week residential training program where blind and low vision teens learn the nonvisual skills and gain the confidence necessary to transition from high school to college and/or employment.

### **What Will Independence 2010 Include?**

- Learn to travel independently using a long white cane
- Access information through assistive technology
- Learn to read and write using Braille
- Reside in apartments with other students under the supervision of blind instructors, and develop cooking, cleaning, and shopping skills.
- Develop a positive philosophy of blindness
- Explore career options
- Attend the 2010 National Convention of the National Federation of the Blind in Dallas, TX
- Explore Baltimore and Washington, DC
- Participate in sports and recreational activities

### **Who Can Apply?**

Legally blind high school students who are entering 10th, 11th, or 12th grades in the fall of 2010. Applicants should have an open case with their state's vocational rehabilitation agency or have an alternative funding source.

**For more information or to apply, please contact Amy Phelps at 410-737-2642 or [aphelps@bism.org](mailto:aphelps@bism.org).**