**REGISTRATION FORM**

**LIVE THE LIFE YOU WANT**

2020 VIRTUAL SENIOR RETREAT

October 18th-24th

Note: First, here are four easy ways of getting your completed registration form to us:

#1 By Email attachment: Fill this form out in your word processor; then attach the completed form to an email; Send that email to- [nfbseniorsdivision@gmail.com](mailto:nfbseniorsdivision@gmail.com)

#2 By pasted into and email: Fill this form out in your word processor; then select and copy all the text in the completed form, and paste it into the body of an email; Send that email to- [nfbseniorsdivision@gmail.com](mailto:nfbseniorsdivision@gmail.com)

#3 By mailing a hard copy: Detach the form from the email; print it; fill it out; send it to the mailing address given below; if you are paying your fee by check, put them both in the same envelope.

#4 Finally, visit our website to pay the entrance fee by credit card, or PayPal; before September 30th.

<http://seniors.nfb.org/2020Retreat.html>

If needing assistance, call me: Robert Leslie Newman: 402-660-1743

Email: [robertleslienewman@gmail.com](mailto:robertleslienewman@gmail.com)

(I would happily take your information by phone

**Provide us with the following information and submit it no later than September 30th.**

Name:

Email Address:

Preferred Phone Number:

Address, Street:

City:

State, Zip Code:

Have you had any skills training in blindness techniques in the past? Yes\_\_\_ No\_\_\_

When did onset of blindness occur? Within the past year\_\_\_ Within the past three years\_\_\_ More than five years\_\_\_ More than ten years\_\_\_ Longer\_\_\_

Check the classes you are most interested in learning:

Cane Travel \_\_\_

Daily Living\_\_\_

Organizational Skills\_\_\_

Exploring Hobbies\_\_\_

Basic information on iPhone and IOS devices\_\_\_

Meaningful Discussions on Living With My Blindness\_\_\_

Our greatest gift to you during this training, is to teach you how to think as a blind person needs to think. All your instructors are competent blind people who use these skills on a daily basis, and have been sharing this knowledge for years.

Note: It is highly recommended that you acquire a long, rigid white cane, free from the National Federation of the Blind. to practice with the instructors as you learn techniques for proper use, storage, and traveling with a white cane. The proper length of your cane, when standing it vertical at your front, it should extend up to your chin but not higher than your nose. Canes should be ordered no later than September 5th, in order that you receive it in time to participate in this retreat. Please contact the National Federation of the Blind- on-line at- <https://www.nfb.org/programs-services/free-white-cane-program>

or by phone at- 410-659-9314.

Also, if you checked (yes) to having an interest in learning beginning Braille, you will receive a Braille booklet. Note: If you do not own a slate and stylus, the long-time tool for writing braille, the NFB will give you one, free! Here is the link to have one sent to you.

<https://www.nfb.org/programs-services/free-slate-and-stylus-program>

The cost per attendee for this retreat is $50.00. It can be paid by one of the following two Methods:

(Note: please place an “X” alongside the option you have chosen; it will help us to match up you and your money.)

#1\_\_\_ by credit card or PayPal- Go to the registration page on our website; here is the link to that page:

<http://seniors.nfb.org/2020Retreat.html>

#2\_\_\_ By check and sent to our Treasurer:

Seniors Division

Duncan Larsen

Colorado Center for the Blind

2233 West Shepperd Ave.

Littleton, CO 80120.

The check should be made out to: NFB Seniors Division. In the memo field, write- SENIORS RETREAT.

Note: Submitting a completed hard copy version of the registration form can be Included with your payment being sent to the above address.

Fees are nonrefundable; money will be considered a donation to the Seniors Division. The registration fee must be received no later than September 30th.

Should you have any questions, please contact Ruth Sager, President NFB Seniors Division

Phone: 410-602-9030 or

Email: rsager78@gmail.com

Note: Once your registration has been reviewed, the retreat team will send you the information necessary for you to call into the classes that you are scheduled for; this phone platform is Zoom. If you need Some assistance in knowing what to do to make this work for you, please email, or call! this platform will work for the person using a landline phone, or a smart phone, or a computer.

We look forward to your participation in our first-ever virtual Senior Retreat.