



New Book Information

Encyclopedia of Sports & Recreation for People with Visual Impairments

Edited by **Andrew Leibs**

A volume in **Critical Concerns in Blindness**

Series Editor: *Edward C. Bell, Louisiana Tech University*

Not long ago, most blind and visually impaired people grew up without ever playing sports; they sat on the sidelines, and kept score during gym—protected rather than included. In the 1980s, few people had ever heard of the Paralympic Games or accessible recreation.

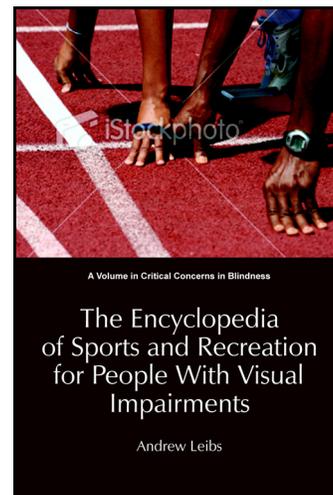
Today, promising blind athletes can receive residency at the US Olympic Training Center; runners compete for prize money and national championships, and most ski resorts offer adaptive programs throughout the year where blind people can ski, cycle, and kayak—often for free.

The Paralympic movement, the Americans with Disabilities Act of 1990, and ever-increasing expectation for inclusion among the disabled have inspired an explosion of accessible sports, fitness, and recreation programs that accommodate the blind.

The *Encyclopedia of Sports & Recreation for People with Visual Impairments* is the first consumer-focused, action-oriented guide to this new world of accessible activity, profiling the people, programs, and products that are helping move blind and visually impaired people from the sidelines into the game.

This groundbreaking guide profiles every accessible blind sport and recreation activity with entries that outline how athletes (both novice and elite) got involved in the sport and how participation has shaped their life. The book also profiles major blind sports organizations and includes chapter and resource listings on camps and accessible recreation providers.

Through this book, blind people will be inspired to embrace sports as the rest of society does—as a vital component of personal expression and human interaction that opens paths to adventure, confidence, and lifelong health and fitness.



CONTENTS: Foreword, *Lauren J. Lieberman*. Preface. Acknowledgments.

PART I: SPORTS AND RECREATION POPULAR AMONG THE

BLIND AND VISUALLY IMPAIRED. Alpine Skiing. Archery. Audio

Darts. Auto Racing. Basketball. Beep Baseball. Biathlon. Bowling. Curling.

Cycling. Fencing. Fitness. Futsal (Five-a-Side Soccer). Goalball. Golf. The

Great Outdoors. Hiking and Mountain Climbing. Horseshoe Pitching. Judo.

Kayaking and Canoeing. Nordic Skiing. Rowing. Running. Sailing. Scuba

Diving. Showdown. Skating. Surfing. Swimming. Tennis. Torball. Triathlon.

Waterskiing. Weightlifting and Powerlifting. Wrestling. Yoga. **PART II:**

CONVERSATIONS ON SPORTS, RECREATION, AND BLINDNESS.

Conversations on Sports, Recreation, and Blindness. **PART III:**

ACCESSIBLE RECREATION RESOURCES FOR THE BLIND AND

VISUALLY IMPAIRED. Sports and Summer Camps. Accessible Sports and

Recreation Organizations. International Organizations. National

Organizations. Accessible Recreation Providers. Afterword, *Mark Lucas*.

Bibliography. Index.

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**Encyclopedia of Sports & Recreation
for People with Visual Impairments**

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Kindergarten through Post-Secondary**

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A Promotion Model**

**The Blind Need Not Apply: A History of Overcoming Prejudice
in the Orientation and Mobility Profession**

Seeing Beyond Blindness

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