The lotus flower sits upon one of it's leaves, having risen to the surface as the sun, held in the hand of God, invites it upward to the light. This unique plant is rooted in the mud and muck at the bottom of a body of water, it's stem reaching up to the surface, where the leaves rest quietly. At night, the flower closes and sinks below the surface, only to rise with the daylight and once again, gradually unfold it's petals.   
  
What we learn from this amazing plant is how our own spiritual path unfolds and opens to the light, then at times gently folds in on itself for a proper rest when the daylight fades.   
  
Your spiritual unfoldment is occurring at all times, whether or not you are aware of it. It is inevitable as long as you put your trust in the hands of the Creator, the One who holds the Light.   
  
Like the Lotus, your soul is always reaching for the light to fulfill its karmic destiny, but even in that process, there are periods of darkness and times to rest. It is a natural cycle, one that cannot truly be coerced or halted.   
  
It has an innate rhythm of its own, one that is unique to the Being that is you!  
  
~Earth Magic by Steven D. Farmer